

**HOLY FAMILY PARISH**  
**North Belfast Pastoral Community**  
**(Holy Cross, Holy Family, Sacred Heart,**  
**St. Patrick's & St. Vincent de Paul)**

20 February 2022

07<sup>th</sup> Sunday of the Year

Readings: C

Psalter: Week 3



V. Rev. Paul Strain Adm. 90743119

Rev. Paul Morely C.C. 90743119

Canon Brendan Murray 90205041

Rev. Deacon Brendan Dowd 90743119

Emergency Telephone: 07802458240

Parish Office: 90743119

(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday. Parish Office remains closed.)

Office email: holyfamily@downandconnor.org

Website: holy-familyparish.com

Address: 226-228 Limestone Road, BT15 3AP

**Pastoral Community Churches**

Holy Cross- V. Rev. John Craven C.P(90748231)

Sacred Heart- Fr Jim Madden O.Praem. (90751543)

St. Patrick's- V. Rev. Eugene O'Neill (90324597)

St. Vincent de Paul - V. Rev. Patrick Devlin (90713401)

**WEEKEND MASS**

Holy Family Church: 6.30pm Vigil & 11.30am

St Thérèse Church: 6pm Vigil, 10am & noon

**MIDWEEK MASS**

Holy Family Church: Monday – Friday @ 9.15am

St. Thérèse Church: Monday – Saturday @ 10am

**CONFESSION**

Holy Family Church: Saturday 5.30pm-6.15pm

St. Thérèse Church: Saturday after 10am Mass

**CHILDREN'S LITURGY**

Worksheets available on the parish website (Young People).

**PILGRIM PRAYER WITH DEACON BRENDAN**

Every Tuesday night at 8pm on Facebook. **If you are not on Facebook go to the Holy Family website**, scroll down to the bottom and click on the Facebook symbol. For Facebook users simply like the Holy Family Facebook page.

**REST IN PEACE**

**Recently deceased:** Hugh Magee & Mari Donnelly

**Anniversaries:** May McNulty, Susan O'Hara, James Feighan, Lisa Mackin (1<sup>st</sup>), Jean Rox, Eddie Keenan, Harold Scott, Rosaleen McCambridge, John (1<sup>st</sup>) & Josephine McNicholl, Kathleen McNally, PP Abraham

**THOUGHT FOR THE WEEK**

A thankful heart doubles our blessings, so we enjoy them twice: when we receive them, and when we remember them.

**PARISH WEBCAM**

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website [www.holy-familyparish.com](http://www.holy-familyparish.com).

**RECORDINGS**

All funerals will be recorded and kept in the Live Webcams section of the website for 2 weeks. Please tell us if you do not want your loved one's funeral recorded.

**DIOCESAN PRIVACY POLICY**

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

**COLLECTION**

The **weekly collection** on Sunday 13 February came to £2,275.26. Thank you for your contribution.

**100 CLUB BUILDING FUND WEEK 14**

£100 – Rosa Shannon, Glanworth Gardens, Clare Lowe, c/o Brookville Court, Anne Marie Cromie, c/o Eia Street & Sarah Moffett, Ben Madigan Park South

**Promoter:** Anne Rogan

**MASSES IN THE COMING WEEK**

**HOLY FAMILY**

Tuesday 22<sup>nd</sup> (9.15am) Lisa Mackin (1<sup>st</sup>)

Wednesday 23<sup>rd</sup> (9.15am) Jean Rox

Saturday 26<sup>th</sup> (6.30pm) Olive McAlea

Sunday 27<sup>th</sup> (11.30am) Maura & Billy Konrad

**ST. THÉRÈSE**

Monday 21<sup>st</sup> (10am) Kathleen McNally

Tuesday 22<sup>nd</sup> (10am) PP Abraham

Saturday 26<sup>th</sup> (6pm) Kate McGarrity MM

Sunday 27<sup>th</sup> (10am) James & Margaret O'Hare

Sunday 27<sup>th</sup> (noon) Fr. Brian Hart

**ONLINE BOOKING**

NB seats for weekend anniversary Masses are not automatically reserved, and must be booked in the normal way.

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

**PARISH PARTNERS IN PRAYER**

Please join us this week, as we pray for our Parish counting teams & money transporters; that in their life and work, they may advance God's kingdom, and bear witness to His love.

**BLESSED TRINITY COLLEGE**

The students and staff of Blessed Trinity College are delighted to have been invited to celebrate Mass, which will be broadcast on RTE One on Sunday 27<sup>th</sup> February at 11am. They are honoured that they have been given this opportunity and would love us to tune in to celebrate with them.

### COVID-19

Following the Health Minister's recent announcement of the significant easing of COVID-19 regulations this week, the Diocese have issued updated guidance, recommending a graduated and cautious approach going forward. There are no immediate changes to our current measures, however the parish COVID Team are undertaking a review and will advise accordingly.

Reminder of current restrictions....

Face coverings are required when entering and exiting our churches. However the Diocese and Parish strongly recommend the wearing of face coverings at all times, even when seated. This is for everyone's well-being, and to protect the most vulnerable. Thanks for your cooperation.

Funerals & Weddings can take numbers up to the safe COVID capacity of the church, i.e.100 in Holy Family & 80 in St. Thérèse. Baptism numbers are 16, excluding the celebrant. **NB It is important that you do not attend if you have any symptoms of COVID-19, due to the risk posed to others.**

### DIOCESAN PILGRIMAGE TO LOURDES 2022

13-18 July, 5 nights full board for £685. Pilgrims must be able to travel independently, or be accompanied by someone who can provide for all their care and support needs. Application forms from the Parish Office and info from the Pilgrimage Office: 90770162/ [lourdes@downandconnor.org](mailto:lourdes@downandconnor.org). [www.downandconnor.org/lourdes](http://www.downandconnor.org/lourdes).

### THE DAY OF PRAYER FOR SURVIVORS AND VICTIMS OF ABUSE (Friday 25 February)

We place all of those who have been hurt by the Church in any way into your loving hands and under the protection of Our Blessed Mother. Lord, bring peace to their broken lives and show us all the way out of darkness and into the light of your Word.

### PRAYER FOR THE CHILD IN THE WOMB

Lord Jesus, you are the source and lover of life. Reawaken in us respect for every human life. Help us to see in each child the marvellous work of our Creator. Open our hearts to welcome every child as a unique and wonderful gift. Guide the work of doctors, nurses and midwives. May the life of a mother and her baby in the womb be equally cherished and respected. Help those who make our laws to uphold the uniqueness and sacredness of every human life, from the first moment of conception to natural death. Give us wisdom and generosity to build a society that cares for all. Together with Mary, your Mother, in whose womb you took on our human nature. Help us to choose life in every decision we take. We ask this in the joyful hope of eternal life with you, and in the communion of the Blessed Trinity. Amen.

### ECO CORNER

**“How Women of Faith Are Responding To The Ecological Crisis”** St. Patrick's College Maynooth Annual Trócaire lecture. Keynote speakers Dr Carmody Grey (Catholic Theology at University of Durham) & Lucy Vokhiwa (Catholic Women's Organisation, Archdiocese of Blantyre, Malawi) on Tuesday 08<sup>th</sup> March (International Women's Day) at 7pm. Free online event and registration is essential. [www.trocaire.org](http://www.trocaire.org)

### LENT 2022 NO GREATER LOVE

Lent is a season of reflection and preparation, as we look forward to the celebration of Easter. No Greater Love is a series of short films shot on location in the Holy Land, allowing us to be with Jesus in the final moments of His life, revealing Christ's amazing love for us. Over 5 weeks we walk step by step with Jesus through the Scriptures, from the Garden of Gethsemane to Mount Calvary. Starting Sunday 06<sup>th</sup> March for 5 consecutive Sundays (06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup> March & 03<sup>rd</sup> April), 7pm – 8pm in the Parish Centre, Cavehill Road. Please register your interest with the Parish Office by phone (90743119) or email ([holyfamily@downandconnor.org](mailto:holyfamily@downandconnor.org)), by Ash Wednesday, 02 March.

### ASH WEDNESDAY MASS, 02 February (a day of fast and abstinence)

Holy Family Church: 7.15am & 9.15am

St. Thérèse Church: 10am & 7pm (Ash Wed. evening)

**NB Early Mass will continue each week day in Lent, (apart from St. Patrick's Day), in Holy Family at 7.15am.**

### TROCAIRE

**Trócaire boxes** will be available next weekend. A personal message from Archbishop Alex Kilayanil, Zimbabwe, (Bishop Alex is originally from Kerala, home of our very own Fr Paul Morely).... “In the spirit of faith and in the spirit of humanity, I appeal to you to please open your hearts as much as possible to the people of Zimbabwe this Lent. The people are very poor, there is drought and food scarcity, and the pandemic has brought more poverty and hardship. Thank you for the help you have given us these last years. We have nothing much to give you back, but we are always here to pray for you”.

Trócaire will be hosting four online **Lenten workshops**, starting Tuesday 22<sup>nd</sup> February at 2pm. The first workshop is focused on Trocaire's Lent parish resources and the context in Zimbabwe. [www.trocaire.org](http://www.trocaire.org)

### LENTEN PIONEER PLEDGE

“I promise in honour of the Sacred Heart of Jesus, and with the help of the Blessed Virgin Mary, to abstain from all alcoholic drink during Lent.”

### PARISH CENSUS

Many thanks to all our parishioners who have completed a parish registration form. If you registered with the parish before June 2021, it is important that you complete a form, so we can confirm that your personal details are accurate at this time. We have now posted registration forms to those households on our parish database who have not yet updated their details. The form can also be completed online by visiting the parish website at [www.holy-familyparish.com](http://www.holy-familyparish.com) and clicking on the 'Parish Census' button on the home page. Thank you to those who returned their forms this week.

### CHILDREN'S CORNER – Kids' Bible Howlers

-The 5th commandment is honour thy father and thy mother!  
-Noah's wife was called Joan of Ark!