

HOLY FAMILY PARISH
North Belfast Pastoral Community
(Holy Cross, Holy Family, Sacred Heart,
St. Patrick's & St. Vincent de Paul)

15 May 2022
Readings: C

Fifth Sunday of Easter
Psalter: Week 1



V. Rev. Paul Strain Adm. 90743119
Rev. Paul Morely C.C. 90743119
Canon Brendan Murray
Rev. Deacon Brendan Dowd 90743119
Emergency Telephone: 07802458240
Parish Office: 90743119
(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.
Office email: holyfamily@downandconnor.org
Website: holy-familyparish.com
Address: 226-228 Limestone Road, BT15 3AP
Pastoral Community Churches
Holy Cross- V. Rev. John Craven C.P(90748231)
Sacred Heart- Fr Jim Madden O.Praem. (90751543)
St. Patrick's- V. Rev. Eugene O'Neill (90324597)
St. Vincent de Paul - V. Rev. Patrick Devlin (90713401)

WEEKEND MASS

Holy Family Church: 6.30pm Vigil & 11.30am
St Thérèse Church: 6pm Vigil, 10am & noon

MIDWEEK MASS

Holy Family Church: Monday – Friday @ 9.15am
St. Thérèse Church: Monday – Saturday @ 10am

CONFESSION

Holy Family Church: Saturday 5.30pm-6.15pm
St. Thérèse Church: Saturday after 10am Mass

CHILDREN'S LITURGY

..can now be found on the website homepage, just click on the 'Readings & Prayer Times' Button and then the 'Children's Liturgy' tab.

PILGRIM PRAYER WITH DEACON BRENDAN

Every Tuesday night at 8pm on Facebook. **If you are not on Facebook go to the Holy Family website,** scroll down to the bottom and click on the Facebook symbol. For Facebook users simply like the Holy Family Facebook page.

REST IN PEACE

Recently Deceased: Francis McGrath & Kathleen Smyth
Month's Mind: Jane Walls
Anniversaries: Frank & Maisie Manning, James McAtamney, Charles & Eilis McLaughlin, Roisin Hall, Gerard Walsh, Simon O'Grady, Mairead Donnelly (10th), Paul Harding, Áine Trainor (née Kelly), Vera Havlin (1st)

PARISH WEBCAM

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website www.holy-familyparish.com.

DIOCESAN PRIVACY POLICY

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

COLLECTIONS

The **weekly collection** for Sunday 08 May came to £2,106.36. Thank you for your contributions.

Sincere thanks to those parishioners who have donated towards the cost of the new carpets in St. Thérèse Church.

MASSES IN THE COMING WEEK

HOLY FAMILY

Tuesday 17th (9.15am) Vera Havlin (1st)
Wednesday 18th (9.15am) Charles & Eilis McLaughlin and Roisin Hall
Saturday 21st (6.30pm) Joe Matthews
Sunday 22nd (11.30am) Dolores O'Connor MM

ST. THÉRÈSE

Thursday 19th (10am) Gerard Walsh
Saturday 21st (6pm) Moira Blacker MM
Sunday 22nd (10am) Margaret Canavan MM

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

100 CLUB BUILDING FUND WEEK 26

£100 – Corinna Bennett, c/o Donegall Park, Ciaran Brannigan, Eia Street, Mr & Mrs Shields, Firmount & Nikki Sullivan, Cavehill Road.

Promoter: Pauline Moreland

EUCCHARISTIC ADORATION ..has resumed, and we

appeal for your help in filling some slots:- **Tuesdays 2pm-3pm; Wednesdays 4pm-5pm and Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm.** Please contact the Parish Office. (This is a Diocesan shrine for prayer for the priesthood).

A PRAYER FOR STUDENTS TAKING EXAMS

God, love them and sustain them;
Renew and support them with Your strength.
Pour out Your spirit of wisdom on them;
Help them to remain calm and to attend carefully to the questions asked.
Help them to think clearly, to remember accurately and to express themselves well.
May they reflect the best of the work they have done, and the best of the teaching they have received.
May Your love be upon them O Lord, as they place all their trust in You.
May the power of Your love enable them to accomplish what is right and good. Amen.
We pray for the students in our parish, who are preparing for exams at this time. May the Holy Spirit inspire them.

COVID-19 UPDATE

Attending Mass on Sunday and Holy Days of Obligation has, once again, been deemed an essential expression of faith. As always, those whose health is vulnerable, or who are unwell, will not be under any obligation to attend Mass. As a reminder...

please do not attend if you have any symptoms of COVID-19 - the wearing of face coverings and use of hand sanitiser are strongly encouraged

- a section with formal 2m socially distanced seating will be retained in each church, for those who may wish to adopt a more cautious approach – please inform one of the ushers if you wish to avail of this.

NB The holy water fonts are to be refilled. Please sanitise hands before using.

BLESSING OF THE GRAVES

City Cemetery TODAY Sunday 15 May @ 3pm

Hannahstown Cemetery Sunday 29 May @ 3pm

PILGRIMAGES

Diocesan Pilgrimage To Lourdes

Full board in hotel: 5 nights (13-18 July) from £685.

For further information contact the Pilgrimage Office on (028) 9077 0162 email: lourdes@downandconnor.org or visit www.downandconnor.org/Lourdes

Lough Derg

3 day pilgrimages running: 1st June - 15th August. Booking advised. Concessions for students, seniors and groups. 1 day retreats in May and late August -September. Booking essential. www.loughderg.org or email info@loughderg.org or phone 00353 71 9861518.

An Irish Pilgrimage Guide to the Holy Land is a new book by Michael Kelly, Editor of The Irish Catholic newspaper, an 'armchair retreat' for people who cannot travel to the Holy Land. From all good bookshops / 0035316874096 /www.columbabooks.com or by calling price €16.99/£14.99

THE MORNING STAR SHINES ON US

Sr Magdalen Lawler SND reflects on the paintings of Sieger Koder. Hosted by Drumalis via Zoom (8, 15, 22 & 29 June, 2pm-3.30pm). Suggested offering £40 p.p. To register, email katrina@drumalis.co.uk or 028 28272196/28276455

REMINDERS

Trócaire Spring Gala Concert at Clonard Monastery on Fri 20 May at 7.30pm www.eventbrite.co.uk and search 'Clonard'.

QUB Catholic Chaplaincy Black Tie Golden Jubilee Ball in City Hall on Fri 10 June. e:catholicchaplaincy@qub.ac.uk

ECO CORNER

In a reflection for Global Sisters' Report Guardian Angel, Sr. Marjorie Guingona wrote that "the proximity of Earth Day (22 April) to Easter Sunday this year, provided a time to realise that new life and hope can resurrect from the ashes of war and violence that face our world, and that this year's Earth Day theme — "Invest in Our Planet" — "is a wake-up call for all of us to come together to take action to preserve and protect our health, our families, our livelihood — as one human family."

FIRST HOLY COMMUNION

We pray for the children of our parish, who are preparing for First Holy Communion: – **Sat 21st May at 10am in Holy Family Church; Sat 28th May at 10am & noon in St Thérèse Church, and Sat 18th June in Holy Family Church.** All ceremonies in both churches can be viewed via the parish website:- www.holy-familyparish.com (click Live Webcams).

THE MAY ALTAR AND DEVOTIONS AT HOME

The May Altar is an expression of our devotion to Mary, Mother of God, during the month of May. To mark this, we encourage parishioners, if you haven't already done so, to set up a May Altar at home. You just need a small statue or image of Mary, maybe rosary beads, a candle and perhaps flowers.

ROSARY AT THE GROTTOS

The Rosary will be prayed each day during the month of May, at hundreds of grottos around the Island of Ireland. www.coastalrosaryireland.ie or text to 00353872786552.

PRAYER FOR THE CHILD IN THE WOMB

Lord Jesus, you are the source and lover of life. Reawaken in us respect for every human life. Help us to see in each child the marvellous work of our Creator. Open our hearts to welcome every child as a unique and wonderful gift. Guide the work of doctors, nurses and midwives. May the life of a mother and her baby in the womb be equally cherished and respected. Help those who make our laws to uphold the uniqueness and sacredness of every human life, from the first moment of conception to natural death. Give us wisdom and generosity to build a society that cares for all. Together with Mary, your Mother, in whose womb you took on our human nature. Help us to choose life in every decision we take. We ask this in the joyful hope of eternal life with you, and in the communion of the Blessed Trinity. Amen.

ACCORD RECRUITMENT

Volunteer facilitators sought, training will be provided. Contact Brenda on 90233002 or at info@accordni.com.

PAUSE FOR HOPE

An ecumenical service for all affected by cancer will be held in St Anne's Cathedral TODAY Sunday 15th May at 3.00pm. All welcome.

THOUGHT FOR THE WEEK

Character is what you do when no one is looking.

BLOOD DONATION SESSION

Thursday 26th May, 12.30pm – 4pm & 5.30pm – 7.30pm, in Girdwood Community Hub. Give Blood, Save Lives.

CHILDREN'S CORNER

"Dear God, so far, today, I've done all right. I haven't gossiped or lost my temper. I haven't been greedy, grumpy, nasty, or self-centered. I'm really happy about that so far. But in a few minutes I'm going to be getting out of bed and then I'm going to need a lot of help. Thank you! Amen"