

HOLY FAMILY PARISH
North Belfast Pastoral Community
(Holy Cross, Holy Family, Sacred Heart,
St. Patrick's & St. Vincent de Paul)

05 June 2022
Readings: C

Pentecost Sunday
Psalter: Week 4



V. Rev. Paul Strain Adm. 90743119
Rev. Paul Morely C.C. 90743119
Canon Brendan Murray
Rev. Deacon Brendan Dowd 90743119
Emergency Telephone: 07802458240
Parish Office: 90743119
(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.
Office email: holyfamily@downandconnor.org
Website: holy-familyparish.com
Address: 226-228 Limestone Road, BT15 3AP
Pastoral Community Churches
Holy Cross- V. Rev. John Craven C.P(90748231)
Sacred Heart- Fr Jim Madden O.Praem. (90751543)
St. Patrick's- V. Rev. Eugene O'Neill (90324597)
St. Vincent de Paul - V. Rev. Patrick Devlin (90713401)

WEEKEND MASS

Holy Family Church: 6.30pm Vigil & 11.30am
St Thérèse Church: 6pm Vigil, 10am & noon

MIDWEEK MASS

Holy Family Church: Monday – Friday @ 9.15am
St. Thérèse Church: Monday – Saturday @ 10am

CONFESSION

Holy Family Church: Saturday 5.30pm-6.15pm
St. Thérèse Church: Saturday after 10am Mass

CHILDREN'S LITURGY

... can now be found on our parish website, by pressing the 'Readings & Prayer Times' button.

PILGRIM PRAYER WITH DEACON BRENDAN

Every Tuesday night at 8pm on Facebook and on the Holy Family website. For Facebook users simply like the Holy Family Facebook page.

CHILDREN'S LITURGY

We are hoping to restart our parish Children's Liturgy in September. Anyone interested in helping lead the sessions will be very welcome. Contact Pat McGuinness on 07812085294.

REST IN PEACE

Month's Mind: Willie Loughran

Anniversaries: Josephine McCann, Brendan McCann & John Shortt

PARISH WEBCAM

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website www.holy-familyparish.com.

DIOCESAN PRIVACY POLICY

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

COLLECTIONS

The **weekly collection** for Sunday 29 May came to £2,808.96
Thank you for your contribution.

MASSES IN THE COMING WEEK

HOLY FAMILY

Saturday 11th (6.30pm) Harry Magee
Sunday 12th (11.30am) Patricia (1st) & Edward Bell

ST. THÉRÈSE

Saturday 11th (10am) Rita McLaughlin MM
Saturday 11th (6pm) John McAteer
Sunday 12th (noon) Mary O'Connor MM

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

100 CLUB BUILDING FUND WEEK 29

£100 – Mr & Mrs O'Brien, Fortwilliam Park; Anne Loughran, Camberwell Court; Mrs B Clancy, Dunlambert Park & LB Edwards, Cavehill Road
Promoter: Anne Cromie

EUCCHARISTIC ADORATION ..has resumed, and we

appeal for your help in filling some slots:-**Tuesdays 4pm – 5pm; Wednesdays 4pm-5pm; Fridays 7pm-8pm & 8pm-9pm, and Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm.** Please contact the Parish Office. (This is a Diocesan shrine for prayer for the priesthood).

CALLING ALL ADORERS OF THE BLESSED SACRAMENT IN DOWN & CONNOR

National Eucharistic Adoration Pilgrimage to Knock on Saturday 18th June (Corpus Christi weekend) leaving Belfast City Centre at 6.15 am. Cost £22, bring a packed lunch. Contact Harriet 07812098991 or Maureen 07745093530 to inquire or book a seat. visit www.eucharisticadoration.ie

THOUGHT FOR THE WEEK

Being unwanted, unloved, uncared for, forgotten by everybody; I think that is a much greater hunger, a much greater poverty than the person who has nothing to eat. (Mother Teresa)

POPE'S INTENTION FOR JUNE

For Families

We pray for Christian families around the world; may they embody and experience unconditional love, and advance in holiness in their daily lives.

COVID-19 UPDATE

Attending Mass on Sunday and Holy Days of Obligation has, once again, been deemed an essential expression of faith. As always, those whose health is vulnerable, or who are unwell, will not be under any obligation to attend Mass. Please do not attend if you have any symptoms of COVID-19. The wearing of face coverings and use of hand sanitiser are strongly encouraged. A section with formal 2m socially distanced seating will be retained in each church, for those who may wish to adopt a more cautious approach – please inform one of the Parish Welcome team if you wish to avail of this. The holy water fonts have been refilled. Please sanitise hands before using.

DIOCESAN PILGRIMAGE TO FATIMA

Full board in hotel: 7 nights (8-15 September) from £689 per person sharing. Contact Joe Catney 02890714001/0776425631

ANNUAL DIOCESAN PILGRIMAGE TO KNOCK. 11TH AND 12TH OF JUNE 2022

Overnight stay in The Knock House Hotel. Bus leaves Saint Patrick's Church. Cost £140. Sally on 02890247587.

DIOCESAN PILGRIMAGE TO LOURDES

Full board in hotel: 5 nights (13-18 July) from £685.
(028) 9077 0162 email: lourdes@downandconnor.org
or visit www.downandconnor.org/Lourdes

A JOURNEY OF FAITH, HOPE AND JOY WITH ST PATRICK

Poor Clares Sr Martina Purdy and Sr Elaine Kelly will lead an amazing five day pilgrimage, that includes guided walks to sites in County Down, associated with St Patrick. Stay in Tobar Mhuire Retreat Centre, and visit with monks along St Patrick's Way. From £798 incl. meals, transport, activities. Contact www.saintpatrickcentre.com or 02844 619000

DROMANTINE SUNDAY, SMA OPEN DAY & FAMILY FUN DAY

Sunday 12th June, 1pm – 5.30pm. There is a £5 admission for each car (it doesn't matter how many are in the car). Tel: 02830821964 for more information. Everyone welcome.

ST CLEMENTS – JOURNEY OF FAITH GROUP

...are looking for volunteers who would like to join them on their journey of faith to develop a new Centre of Spirituality, and at the same time make new friends. Please contact stclemfaith@gmail.com

CLONARD NOVENA (15 – 23 June)

Theme "Let Us Dream". All welcome in church or online. Visit www.clonard.com for new Novena times.

ECO CORNER

Inspiring Eco-Friendly Quotes to Live By

"A nation that destroys its soils destroys itself. Forests are the lungs of our land, purifying the air, and giving fresh strength to our people." —Franklin D. Roosevelt

"The good man is the friend of all living things." —Gandhi

A PRAYER FOR STUDENTS TAKING EXAMS

God, love them and sustain them;
Renew and support them with Your strength.
Pour out Your spirit of wisdom on them;
Help them to remain calm and to attend carefully to the questions asked.
Help them to think clearly, to remember accurately and to express themselves well.
May they reflect the best of the work they have done, and the best of the teaching they have received.
May Your love be upon them O Lord, as they place all their trust in You.
May the power of Your love enable them to accomplish what is right and good. Amen.

We pray for the students in our parish, who are sitting exams at this time. May the Holy Spirit inspire them.

PENTECOST SUNDAY: DAY OF PRAYER IN THANKSGIVING FOR THE DIOCESAN PHASE OF THE UNIVERSAL SYNOD

Pentecost Sunday offers us all an opportunity to give thanks for the prayerful engagement and listening that has taken place across the country, as we journey together synodally.

SAFEGUARDING

If you are a leader or volunteer involved in any activity in the parish involving children or vulnerable adults, please make contact with the Safeguarding Committee via the Parish Office, to agree any training requirements. This will include Bethany volunteers, Eucharistic Ministers & Children's Liturgy.

FUN EXERCISE, DANCE, AND RELAXATION

Newington Day Centre are funding a class in Holy Family Parish Centre on the 4 Tuesdays in June. (7th 14th, 21st and 28th), 6.45pm-7.45pm. This class is primarily for carers providing care to older people (whether paid or unpaid), and is fully funded. It's about having fun and meeting others, with music and calming relaxation exercises. Contact 90351947 and book your free place, as numbers are limited.

BAPTISMS IN MAY

Oisín & Aidan McPeake, Oisín Matthew Francis Boyle, Nola Arthur, Lily Ella Jackson, Aaron Laurence Holly, Aobh Maureen Kelly, André Nico Connolly, Maureen Rose McKillen & Sofia Alexis Mackin

WEDDING CONGRATULATIONS

..to Ellen McLarnon & Kevin O'Loan, who were married in Holy Family Church.

ANAM CARA BELFAST

Monthly Parent Evening for bereaved parents on Monday 13th June at 7.30pm in the Crowne Plaza Hotel. Online meeting Monday 20th June at 7pm. Contact 028 95213120.

CHILDREN'S CORNER

Q: Why couldn't they play cards on the Ark?
A: Because Noah was standing on the deck.