

**HOLY FAMILY PARISH**  
**North Belfast Pastoral Community**  
**(Holy Cross, Holy Family, Sacred Heart,**  
**St. Patrick's & St. Vincent de Paul)**

19 June 2022  
Readings: C

The Body & Blood of Christ  
Psalter: Week 4



**V. Rev. Paul Strain Adm.** 90743119  
**Rev. Paul Morely C.C.** 90743119  
**Canon Brendan Murray**  
**Rev. Deacon Brendan Dowd** 90743119  
**Emergency Telephone:** 07802458240  
**Parish Office:** 90743119

**(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.)**

**Office email:** holyfamily@downandconnor.org  
**Website:** holy-familyparish.com

**Address:** 226-228 Limestone Road, BT15 3AP  
**Pastoral Community Churches**

Holy Cross- V. Rev. John Craven C.P(90748231)  
Sacred Heart- Fr Jim Madden O.Praem. (90751543)  
St. Patrick's- V. Rev. Eugene O'Neill (90324597)  
St. Vincent de Paul - V. Rev. Patrick Devlin (90713401)

**WEEKEND MASS**

Holy Family Church: 6.30pm Vigil & 11.30am  
St Thérèse Church: 6pm Vigil, 10am & noon

**MIDWEEK MASS**

Holy Family Church: Monday – Friday @ 9.15am  
St. Thérèse Church: Monday – Saturday @ 10am

**CONFESSION**

Holy Family Church: Saturday 5.30pm-6.15pm  
St. Thérèse Church: Saturday after 10am Mass

**CHILDREN'S LITURGY**

... can now be found on our parish website, by pressing the 'Readings & Prayer Times' button.

**PILGRIM PRAYER WITH DEACON BRENDAN**

Every Tuesday night at 8pm on Facebook and on the Holy Family website. For Facebook users simply like the Holy Family Facebook page.

**REST IN PEACE**

**Recently deceased:** Sheila Burns & Toirdealac (Terry) McIvor  
**Month's Mind:** Francis McGrath

**Anniversaries:** John Adair, Molly Steele, Charlie McCormick, Paddy McDermott, John Sullivan, Jacqueline McClafferty, Nancy Aldridge (1<sup>st</sup>), Patrick McCullough (50<sup>th</sup>), Eileen Byrne & Paul McManus

**PARISH WEBCAM**

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website [www.holy-familyparish.com](http://www.holy-familyparish.com).

**DIOCESAN PRIVACY POLICY**

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

**COLLECTIONS**

The **weekly collection** for Sunday 12 June came to £2,054.10  
Thank you for your contribution.

**Franciscan Collection**

"We are most grateful to Holy Family Parish for your tremendous kindness and generosity, in raising £4,678 for the Franciscan Brothers. The brothers in Kenya and Uganda will be thrilled to know of your great concern for them, especially in these hard times of COVID. I have little to offer in return, except to let you know that you are remembered in the daily prayers of the brothers. May St. Francis of Assisi bless and reward each one of you for your extraordinary kindness, and may joy and peace dwell in your homes".

Bro. Brian Johnson OSF

**MASSES IN THE COMING WEEK**

**HOLY FAMILY**

Tuesday 21<sup>st</sup> (9.15am) Nancy Aldridge (1<sup>st</sup>)  
Thursday 23<sup>rd</sup> (9.15am) Patrick McCullough (50<sup>th</sup>)  
Saturday 25<sup>th</sup> (6.30pm) Patricia Reilly (1<sup>st</sup>)  
Sunday 26<sup>th</sup> (11.30am) Malachy Proctor (1<sup>st</sup>)

**ST. THÉRÈSE**

Tuesday 21<sup>st</sup> (10am) Eileen Byrne  
Wednesday 22<sup>nd</sup> (10am) Paul McManus

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

**100 CLUB BUILDING FUND WEEK 31**

**£100** – Mrs Gilmore, Rosemount Gdns; Mr & Mrs Glackin, Upper Cavehill Road; Agnes McKeown, c/o Camberwell Court & Canon Murray!! **Promoter: Nell Barbour**

**EUCCHARISTIC ADORATION**

We continue to appeal for your help in filling some slots:-  
**Tuesdays 4pm – 5pm; Wednesdays 4pm-5pm; Fridays 7pm-8pm and Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm.** Please contact the Parish Office. (This is a Diocesan shrine for prayer for the priesthood).

**SAFEGUARDING**

If you are a leader or volunteer involved in any activity in the parish involving children or vulnerable adults, please contact the Safeguarding Committee via the Parish Office, to agree any training requirements. This will include Bethany volunteers, Eucharistic Ministers & Children's Liturgy.

### COVID-19 UPDATE

The obligation to attend Mass on Sunday and Holy Days of Obligation has returned, however for those whose health is vulnerable, or who are unwell, will not be under any obligation. Please do not attend if you have any symptoms of COVID-19. The wearing of face coverings and use of hand sanitiser are strongly encouraged. A section with formal 2m socially distanced seating remains in each church, for those who may wish to adopt a more cautious approach – please inform one of the Parish Welcome team if you wish to avail of this. Please sanitise hands before using the holy water fonts.

### DIOCESAN SYNODAL REPORT

..is available at [www.downandconnor.org](http://www.downandconnor.org). A parish summary is also available on our website ([www.holy-familyparish.com](http://www.holy-familyparish.com)), under Latest News.

**Interested in the Synodal process?** Why not consider a postgraduate course in theology? The Loyola Institute of Theology at Trinity College will challenge, form and inform you. [www.tcd.ie/loyola-institute](http://www.tcd.ie/loyola-institute). E: [faryan@tcd.ie](mailto:faryan@tcd.ie)

### FIRST SATURDAY DEVOTIONS

In Holy Family Church on 02 July. 10am Adoration of the Blessed Sacrament, Confession and Act of Consecration.  
11am Holy Sacrifice of the Mass

### DIOCESAN PILGRIMAGE TO FATIMA

Full board in hotel: 7 nights (8-15 September) from £689 per person sharing. Contact Joe Catney 02890714001/0776425631

### DIOCESAN PILGRIMAGE TO LOURDES

Full board in hotel: 5 nights (13-18 July) from £685.  
(028) 9077 0162 email: [lourdes@downandconnor.org](mailto:lourdes@downandconnor.org)  
or visit [www.downandconnor.org/Lourdes](http://www.downandconnor.org/Lourdes)

### EUCCHARISTIC PROCESSION

Unfortunately, the Corpus Christi procession planned for today (Sunday) from St. Mary's has had to be cancelled, due to unforeseen circumstances. Apologies from the organisers.

### MARY'S MEALS - DIVIS AND BLACK MOUNTAIN 5K/10K WALK

'Step by Step to Feed the Next Child' sponsored walk on 25th June at 10.30am along the Divis & Black Mountain Trails. Registration in the Lower Carpark (Divis Road). Under 18s must be accompanied by an adult. 07825449133, email [info@marysmeals.org](mailto:info@marysmeals.org) or visit [www.marysmeals.org.uk](http://www.marysmeals.org.uk). Free shuttle bus available see [www.ourplaceinspace.earth/belfast](http://www.ourplaceinspace.earth/belfast)

### ECO CORNER

In the wake of the murders in the Amazon, Bishop Evaristo Spengler of Marajó, who heads the Pan-Amazon Ecclesial Network (known as REPAM), said crimes like the one that victimized Phillips and Pereira are "predictable."  
"The Amazon is being destroyed. It starts with logging, then cattle raising, monocultures and mining. Those activities are the opposite of the traditional peoples' way of living with the rainforest. It is a model of death, which also kills the ones who try to impede its implementation,"

### A PRAYER FOR STUDENTS TAKING EXAMS

God, love them and sustain them;  
Renew and support them with Your strength.  
Pour out Your spirit of wisdom on them;  
Help them to remain calm and to attend carefully to the questions asked.  
Help them to think clearly, to remember accurately and to express themselves well.  
May they reflect the best of the work they have done, and the best of the teaching they have received.  
May Your love be upon them O Lord, as they place all their trust in You.  
May the power of Your love enable them to accomplish what is right and good. Amen.

**We pray for the students in our parish, who are sitting exams at this time. May the Holy Spirit inspire them.**

### PAYING ATTENTION TO GOD: A WAY OF LISTENING

8 Saturdays, Sept '22-April '23. A day to yourself every month. Listen differently. Change your relationship with God and others. Experienced facilitators. Christians of all denominations. Plain English. No study. Listening. Laughing. For info/application see [www.firststepwell.com](http://www.firststepwell.com) or ring James McClure at Edgehill 028 90767950. Closing date 7 August.

### SAYING GOODBYE SERVICE

For people who have suffered the loss of a baby at any stage. A no ticket service for people of all faiths and none. In St. Anne's Cathedral at 3.30pm on Saturday 03rd July.  
[www.sayinggoodbye.org](http://www.sayinggoodbye.org)

### THOUGHT FOR THE WEEK

When you face the perils of weariness, carelessness, and confusion, don't pray for an easier life. Pray instead to be a stronger man or woman of God.

### FATHER'S DAY PRAYER

Looking to St. Joseph as a model of fatherhood, we pray..  
"Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; In you Mary placed her trust; With you Christ became man. Blessed Joseph, to us too, Show yourself a father, And guide us in the path of life. Obtain for us grace, mercy, and courage, And defend us from every evil. Amen."

**HAPPY FATHER'S DAY TO ALL OUR FATHERS**

### CHILDREN'S CORNER

After the baptism of his baby brother in church, James sobbed all the way home in the back seat of the car. His father asked him three times what was wrong. Finally, the boy replied, "The priest said he wanted us brought up in a Christian home, but I want to stay with you!"