

**HOLY FAMILY PARISH**  
**North Belfast Pastoral Community**  
**(Holy Cross, Holy Family, Sacred Heart,**  
**St. Patrick's & St. Vincent de Paul)**

10 July 2022  
Readings: C

15<sup>th</sup> Sunday of the Year  
Psalter: Week 3



**V. Rev. Paul Strain Adm.** 90743119  
**Rev. Paul Morely C.C.** 90743119  
**Canon Brendan Murray**  
**Rev. Deacon Brendan Dowd** 90743119  
**Emergency Telephone:** 07802458240  
**Parish Office:** 90743119  
**(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.**  
**Office email:** holyfamily@downandconnor.org  
**Website:** holy-familyparish.com  
**Address:** 226-228 Limestone Road, BT15 3AP  
**Pastoral Community Churches**  
Holy Cross- V. Rev. John Craven C.P(90748231)  
Sacred Heart- Fr Jim Madden O.Praem. (90751543)  
St. Patrick's- V. Rev. Eugene O'Neill (90324597)  
St. Vincent de Paul - V. Rev. Patrick Devlin (90713401)

**WEEKEND MASS**

Holy Family Church: 6.30pm Vigil & 11.30am  
St Thérèse Church: 6pm Vigil, 10am & noon

**MIDWEEK MASS**

Holy Family Church: Monday – Friday @ 9.15am  
St. Thérèse Church: Monday – Saturday @ 10am

**CONFESSION**

Holy Family Church: Saturday 5.30pm-6.15pm  
St. Thérèse Church: Saturday after 10am Mass

**CHILDREN'S LITURGY**

... can now be found on our parish website, by pressing the 'Readings & Prayer Times' button.

**PILGRIM PRAYER WITH DEACON BRENDAN**

Every Tuesday night at 8pm on Facebook and on the Holy Family website. For Facebook users simply like the Holy Family Facebook page.

**REST IN PEACE**

**Recently Deceased:** Annie McQuillan

**Anniversaries:** Eileen Ferguson, Michael McQuillan, Eddie McHenry, Patrick Morgan, Niall, Patrick & Johnny Boden, Mark Doherty, Daulat Khursetjee, Nancy Quinn, McBride Family, Colm McCrystal & Doreen Gilfedder

**PARISH OFFICE**

Will remain open on 12<sup>th</sup> & 13<sup>th</sup> July, and will close at 1.30pm on Friday 15<sup>th</sup> July, to reopen on Tuesday 02 August at 9.30am. There will be no bulletin on 24 & 31 July.

**PARISH WEBCAM**

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website [www.holy-familyparish.com](http://www.holy-familyparish.com).

**DIOCESAN PRIVACY POLICY**

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

**COLLECTIONS**

The **weekly collection** for Sunday 03 July came to £2,560.20, and the **monthly collection**, for the support of our priests was £2,212.80. Thank you for your contribution.

**CAN THE HOLDER OF ENVELOPE NUMBER 766 PLEASE CONTACT THE PARISH OFFICE?**

**MASSES IN THE COMING WEEK**

**HOLY FAMILY**

Wednesday 13<sup>th</sup> (9.15am) Colm McCrystal  
Saturday 16<sup>th</sup> (6.30pm) Joe Cassidy (1<sup>st</sup>)  
Sunday 17<sup>th</sup> (11.30am) Sheila Burns MM

**ST. THÉRÈSE**

Saturday 16<sup>th</sup> (6pm) Desmond Michael & Susan Patricia McConvey  
Sunday 17<sup>th</sup> (noon) Eugene McGahan & John Masterson

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

**100 CLUB BUILDING FUND WEEK 34**

**£100** – Helen McAleer, Evelyn Gardens; Deirdre & Dermot Ward, c/o North Circular Road; Seamus Cromie, c/o Eia Street & Mrs Rooney, Ashley Gardens  
**Promoter:** Mairead McGowan

**EUCCHARISTIC ADORATION**

We continue to appeal for your help in filling some slots:-  
**Mondays 1pm – 2pm & 7pm – 8pm; Wednesdays 11am – noon & 4pm-5pm; Thursdays 4pm-5pm & 9pm-10pm; Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm and Sundays 8pm – 9pm.** (This is a Diocesan shrine for prayer for the priesthood).

**Summer Months**

If you could cover an hour per week, occasionally, to assist Eucharistic Adoration during the holidays, please contact the Parish Office.

**THERE WILL BE NO EUCHARISTIC ADORATION ON MONDAY 11th & TUESDAY 12th of JULY.**

**THOUGHT FOR THE WEEK**

Nothing is more noble, nothing more venerable than fidelity. Faithfulness and truth are the most sacred excellences and endowments of the human mind. - Cicero

### COVID-19 UPDATE

The obligation to attend Mass on Sunday and Holy Days of Obligation has returned, however for those whose health is vulnerable, or who are unwell, will not be under any obligation. Please do not attend if you have any symptoms of COVID-19. A section with formal 2m socially distanced seating remains in each church, for those who may wish to adopt a more cautious approach – please inform one of the Parish Welcome team if you wish to avail of this. The use of hand sanitiser continues to be strongly encouraged, and please sanitise hands before using the holy water fonts. Please note that current public health guidance continues to strongly recommend the use of face coverings in all public indoor settings. Wearing a face covering helps keep you and others safe from COVID-19. Many thanks for your ongoing cooperation.

### SUGGESTION BOXES

We remind you that there is a suggestion box in both churches. We encourage you to share your thoughts and ideas with us, as we continue our journey together as a praying, caring community, centred in Christ.

### PARISH PARTNERS IN PRAYER

Please join us this week, as we pray for young carers. May God help them to be mindful that, as they serve their loved ones, He is with them every step of the way.

### JOB VACANCIES – LIVING CHURCH

**Pastoral Renewal and Faith Development Worker (2 posts).** 3 year fixed term contract, 35 hours p.w. £27,500 - £32,500 gross p.a. Details at [www.downandconnor.org](http://www.downandconnor.org) (job vacancies tab), as well as the Community NI and nijobs.com websites. Closing date for application noon on Mon 18th July.

**Support Officer/Personal Assistant.** Permanent, 35 hours p.w. £24,000 - £27,000 gross p.a. Application as above. Closing date for application Thursday 28th July at noon.

### DIOCESAN PILGRIMAGE TO FATIMA

Full board in hotel: 7 nights (8-15 September) from £689 per person sharing. Joe Catney 02890714001/07776425631

### ECO CORNER - 5 packaging villains to avoid.

**Citrus fruit nets:** these can be harmful to wildlife, and can clog up recycling machines. Instead, try to buy fruits loose, or in cardboard boxes.

**Black plastic:** this plastic is not picked up by the infrared sorting machines in recycling centres. Trials are in place to fix this issue.

**Polystyrene:** this isn't recyclable in household collections, and needs to go in the general waste bin.

**Mixed plastic/foil wrappers:** these aren't recyclable in household collections, however Nestlé has announced that it's committed to making all its packaging on chocolate bars etc. recyclable or reusable by 2025.

**Crisp tubes/packets:** these aren't recyclable in household collections. They can be recycled privately using TerraCycle, but the scheme isn't widely available.

### FEAST DAYS IN THE COMING WEEK

**Monday 11<sup>th</sup> St Benedict, 480-547, Abbot & Patron of Europe.** After living as a hermit, St. Benedict founded the monastery of Monte Cassino. His Rule, observed by Benedictines and Cistercians, is distinguished by its wisdom and balance, and those who lived by it did much to shape the Europe of today. Named patron of Europe in 1964.  
**Thursday 14<sup>th</sup> St Camillus de Lellis, 1550-1614.** Rough-tempered and a gambler in his early life as a soldier, he was converted at the age of 25. Guided by St. Philip Neri, he became a priest, and worked for the sick. His Servants of the Sick prospered and founded hospitals, especially where others would not go. Patron of nurses, hospitals and the sick.

### YOUTH 2000 SUMMER FESTIVAL

Join over 1000 young people aged 16 - 35 in Clongowes Wood College, Clane, Co Kildare; Thursday 11th August -Sunday 14th August. [www.youth2000.ie](http://www.youth2000.ie)

### PRAYER FOR THE CHILD IN THE WOMB

Lord Jesus, you are the source and lover of life. Reawaken in us respect for every human life. Help us to see in each child the marvellous work of our Creator. Open our hearts to welcome every child as a unique and wonderful gift. Guide the work of doctors, nurses and midwives. May the life of a mother and her baby in the womb be equally cherished and respected. Help those who make our laws to uphold the uniqueness and sacredness of every human life, from the first moment of conception to natural death. Give us wisdom and generosity to build a society that cares for all. Together with Mary, your Mother, in whose womb you took on our human nature. Help us to choose life in every decision we take. We ask this in the joyful hope of eternal life with you, and in the communion of the Blessed Trinity. Amen.

### EXPERIENCED CARER AVAILABLE

..for assistance with private care/household duties within the Holy Family Parish community. Contact 07988517943.

### CHILDREN'S CORNER

A pastor was giving the children's message during church. For this part of the service, he would gather all the children around him, and give a brief lesson before dismissing them for children's liturgy. On this particular Sunday, he was using squirrels for an object lesson on industry and preparation. He started out by saying, "I'm going to describe something, and I want you to raise your hand when you know what it is." The children nodded eagerly. "This thing lives in trees (pause) and eats nuts (pause)..." No hands went up. "And it is grey (pause) and has a long bushy tail (pause)..." The children were looking at each other, but still no hands raised. "And it jumps from branch to branch (pause) and chatters and flips its tail when it's excited (pause)..." Finally one little boy tentatively raised his hand. The pastor breathed a sigh of relief and called on him. "Well," said the boy, "I know the answer must be Jesus ... but it sure sounds like a squirrel to me!"

**TO THOSE GOING ON HOLIDAY, MAY YOU TRAVEL SAFELY, AND RETURN REFRESHED.**