

**HOLY FAMILY PARISH**  
**North Belfast Pastoral Community**  
**(Holy Cross, Holy Family, Sacred Heart,**  
**St. Patrick's & St. Vincent de Paul)**

07 August 2022

19<sup>th</sup> Sunday of the Year

Readings: C

Psalter: Week 3



**V. Rev. Michael Spence P.P.** 90743119

**Rev. Robert Sloan C.C.** 90743119

**Rev. Deacon Brendan Dowd** 90743119

**Emergency Telephone:** 07802458240

**Parish Office:** 90743119

**(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.**

**Office email:** holyfamily@downandconnor.org

**Website:** holy-familyparish.com

**Address:** 226-228 Limestone Road, BT15 3AP

**Pastoral Community Churches**

Holy Cross- V. Rev. John Craven C.P(90748231)

Sacred Heart- Fr. Andrew Black (temporary) (90751543)

St. Patrick's- V. Rev. Eugene O'Neill (90324597)

St. Vincent de Paul V. Rev. Vincent Cushnahan (90713401)

**WEEKEND MASS**

Holy Family Church: 6.30pm Vigil & 11.30am

St Thérèse Church: 6pm Vigil, 10am & noon

**MIDWEEK MASS**

Holy Family Church: Monday – Friday @ 9.15am

St. Thérèse Church: Monday – Saturday @ 10am

**CONFESSION**

Holy Family Church: Saturday 5.30pm-6.15pm

St. Thérèse Church: Saturday after 10am Mass

**CHILDREN'S LITURGY**

... can be found on our parish website, by pressing the 'Readings & Prayer Times' button.

**PILGRIM PRAYER WITH DEACON BRENDAN**

Every Tuesday night at 8pm on Facebook and on the Holy Family website. For Facebook users simply like the Holy Family Facebook page.

**REST IN PEACE**

**Recently Deceased:** Oliver Morris, Ciara Jamieson, Thomas Muldoon, Rose Masters, Doreen Quinn, Christopher Brady

**Anniversaries:** Bernie McCormack (1<sup>st</sup>), Ben Cullinan, Niall Largey, Con Devine, Liam Torrens, Christopher Whitson, Hugh McLaughlin, Nora McDonald, Joseph Aidan Bradley, Mary & Seamus Haughey, Charlie Carney, Owen A. Gallagher & John Carmody

**THOUGHT FOR THE WEEK**

There is no pillow so soft as a clear conscience.  
(French proverb)

**PARISH WEBCAM**

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website [www.holy-familyparish.com](http://www.holy-familyparish.com).

**DIOCESAN PRIVACY POLICY**

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

**COLLECTIONS**

Sunday 17 July (weekly): £1,193.20

Sunday 17 July (Diocesan Pastoral Services): £981.45

Sunday 24 July (weekly): £1,529.30

Sunday 31 July (weekly): £1,686.35

Thank you for your contribution.

**MASSES IN THE COMING WEEK**

**HOLY FAMILY**

Thursday 11<sup>th</sup> (9.15am) Ben Cullinan

Saturday 13<sup>th</sup> (6.30pm) Mary Gribben

**ST. THÉRÈSE**

Friday 12<sup>th</sup> (10am) Christopher Whitson

Saturday 13<sup>th</sup> (10am) Jim Archer

Saturday 13<sup>th</sup> (6pm) Oona Laverty

Sunday 14<sup>th</sup> (noon) Bill Gillen

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

**100 CLUB BUILDING FUND WEEKS 36, 37 & 38**

**£100** – Olivia McParland, Cooldarragh Pk; Vincent Miskelly, Fortwilliam Pk; A Mullin, Donegall Pk Gdns; Nora Brannigan, Eia Street; Una Ferguson, Camberwell Court; Grace O'Kane, Limestone Road; Rea Family, Victoria Gardens; Mrs Fullerton, Eia Street; Bernie Adams, c/o Brookvale Fold; Mrs Houston, Salisbury Gardens; Mrs Gibney, Ponsonby Avenue & Michael O'Fearraigh, Willowbank Gardens.

**Promoter:** Ann-Marie Lavery, Ann Largey & Betty Magee

**EUCCHARISTIC ADORATION**

We continue to appeal for your help in filling some slots:-  
**Mondays 1pm – 2pm & 7pm – 8pm; Wednesdays 11am – noon & 4pm – 5pm; Thursdays 4pm-5pm & 9pm-10pm; Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm and Sundays 8pm – 9pm.**

**Summer Months**

If you could cover an hour per week, occasionally, to assist Eucharistic Adoration during the remainder of the holidays, please contact the Parish Office.

**MASSES FOR THE FEAST OF THE ASSUMPTION**  
**(Mon 15<sup>th</sup> August)**

Holy Family Church – 9.15am

St Thérèse Church – 10am & 7pm (N.B. no Vigil on Sun 14th)

### COVID-19 UPDATE

The obligation to attend Mass on Sunday and Holy Days of Obligation has returned, however for those whose health is vulnerable, or who are unwell, will not be under any obligation. Please do not attend if you have any symptoms of COVID-19. A section with formal 2m socially distanced seating remains in each church, for those who may wish to adopt a more cautious approach – please inform one of the Parish Welcome team if you wish to avail of this. The use of hand sanitiser continues to be strongly encouraged, and please sanitise hands before using the holy water fonts. Please note that current public health guidance continues to strongly recommend the use of face coverings in all public indoor settings. Wearing a face covering helps keep you and others safe from COVID-19. Many thanks for your ongoing cooperation.

### ST VINCENT DE PAUL PILGRIMAGE TO KNOCK

Saturday 10th September, cost £20 p.p. Stopping at The Killyhevin Hotel for a break on the way to Knock, and again for dinner on the return journey. Adults only. Limited number of seats available. Further details to follow. Contact Tom O’Kane 07747076681.

### DIOCESAN PILGRIMAGE TO FATIMA

Full board in hotel: 7 nights (8-15 September) from £689 per person sharing. Joe Catney 02890714001/0777642563

### TRÓCAIRE

#### Thanks

“Gratitude to the people of Holy Family Parish, for the generosity and compassion you have shown in so kindly choosing to give £6,981.31 to the urgent work of Trócaire this Lent. You are a light against the darkness, and I hope you stay with us for years to come”.

#### Join Trócaire To Watch Short Films For Global Justice

Thursday 11<sup>th</sup> August at 11am in St. Mary’s University College, as part of Feile an Phobail.

### ACCORD RECRUITMENT

Volunteer facilitators sought, training will be provided. Contact Brenda on 90233002 or at [info@accordni.com](mailto:info@accordni.com).

### DROMANTINE WEEKEND WORKSHOP

The Long Goodbye: Practical Advice for Caregivers of People Living with Dementia, with Fr. Hugh Lagan SMA. On Friday 19 August (5pm) - Sunday 21 August (2pm). £220. Contact 02830821964 or [admin@dromantineconference.com](mailto:admin@dromantineconference.com)

### ECO CORNER

#### How can we live simply?

The very act of living simply may conjure up images of living cut off from the ‘rat race’, where a simpler and more ecologically sensitive lifestyle can be achieved. But this idea betrays the very fundamentals of what living simply means. In order to live simply, Pope Francis draws upon the Christian tradition to show what living simply really means, and how it is a call to live a simpler but more meaningful life.

### FAREWELL

On behalf of the Parish Community, we extend our sincere thanks and heartfelt appreciation to Fr. Paul Strain and Fr. Paul Morely, for their years of generous and committed service, and wish them every blessing, as they take up their new assignments this weekend, (Fr. Strain as P.P. of Glenravel & The Braid, and Fr. Morely as C.C. of St. Bernadette’s & Holy Rosary). A Thank You Event will be held in the coming months - further details to follow. We are delighted to welcome Fr. Michael Spence and Fr. Robert Sloan to the parish, and assure them of our prayers and support. We also remember our dear Canon Murray, who retired recently on health grounds, and is now resident in Nazareth Care Village.

#### The Pastoral Council

### ORDINATION

We pray for Rev. John O’Lavery, who was ordained to the priesthood at St Patrick’s Church, Legamaddy (Parish of Bright) last weekend, and we welcome him to our parish this coming week, as he celebrates Mass with us.

### BAPTISMS IN JULY

Daragh Patrick O’Brien; Oisín Kevin Regan; Dantai Delaney-Allsopp; Aoibhí Elizabeth Corr; Brian Damien Kearns; Leo Thomas Miskelly; Grace Josephine Boylan; Eoghan O’Neill Smyth; Charlie Hugh Russell & André Joseph Moyes-McWilliams

### WEDDINGS IN JULY

Sarah McDermott & Colin Madden; Siobhán Morgan & Matthew Deighan and Paula Kane & Niall Henderson

### CARNMONEY CEMETERY SUNDAY

3<sup>rd</sup> & 4th September. For details see the St Marys on the Hill Parish website – [www.stmarysonthehill.online](http://www.stmarysonthehill.online), accessible on desktop, laptop and mobile phone.

### POPE’S INTENTION FOR AUGUST

#### Small Businesses

We pray for small and medium sized businesses; in the midst of economic and social crisis, may they find ways to continue operating and serving their communities.

### EXPERIENCED CARER AVAILABLE

..for assistance with private care/household duties within the Holy Family Parish community. Contact 07988517943.

### CHILDREN’S CORNER

After the wedding, the little ringbearer asked his father, “How many brides can the groom marry?” “One,” his father said. “Why do you ask?” “Because the priest said he could marry sixteen,” the boy said, puzzled. “How’d you come up with that?” his father asked. “Easy,” the little boy said. “All you have to do is add it up like the priest said: 4 better, 4 worse, 4 richer, 4 poorer.”