

**HOLY FAMILY PARISH**  
**North Belfast Pastoral Community**  
**(Holy Cross, Holy Family, Sacred Heart,**  
**St. Patrick's & St. Vincent de Paul)**

14 August 2022

20<sup>th</sup> Sunday of the Year

Readings: C

Psalter: Week 4



**V. Rev. Michael Spence P.P.** 90743119

**Rev. Robert Sloan C.C.** 90743119

**Rev. Deacon Brendan Dowd** 90743119

**Emergency Telephone:** 07802458240

**Parish Office:** 90743119

**(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.**

**Office email:** holyfamily@downandconnor.org

**Website:** holy-familyparish.com

**Address:** 226-228 Limestone Road, BT15 3AP

**Pastoral Community Churches**

Holy Cross- V. Rev. John Craven C.P(90748231)

Sacred Heart- Fr. Andrew Black (temporary) (90751543)

St. Patrick's- V. Rev. Eugene O'Neill (90324597)

St. Vincent de Paul V. Rev. Vincent Cushnahan (90713401)

**WEEKEND MASS**

Holy Family Church: 6.30pm Vigil & 11.30am

St Thérèse Church: 6pm Vigil, 10am & noon

**MIDWEEK MASS**

Holy Family Church: Monday – Friday @ 9.15am

St. Thérèse Church: Monday – Saturday @ 10am

**CONFESSION**

Holy Family Church: Saturday 5.30pm-6.15pm

St. Thérèse Church: Saturday after 10am Mass

**CHILDREN'S LITURGY**

... can be found on our parish website, by pressing the 'Readings & Prayer Times' button.

**PILGRIM PRAYER WITH DEACON BRENDAN**

Every Tuesday night at 8pm on Facebook and on the Holy Family website. For Facebook users simply like the Holy Family Facebook page.

**REST IN PEACE**

**Recently Deceased:** Joe Sheppard, Samuel Vernon & Sean McCleave

**Anniversaries:** Mary Gribben, Jim Archer, Ita Goan, Oona Laverty, Bill Gillen, Steven Kelly, Frank & Sheila O'Connor, Thomas & Jane Moreland & John Carmody

**THOUGHT FOR THE WEEK**

"God loves each of us, as if there were only one of us".  
St. Augustine

**PARISH WEBCAM**

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website [www.holy-familyparish.com](http://www.holy-familyparish.com).

**DIOCESAN PRIVACY POLICY**

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

**COLLECTIONS**

The **weekly collection** on Sunday 07 August came to £2,562.63, and the **monthly collection**, for the support of our priests, was £2,117.70

Thank you for your contribution.

**MASSES IN THE COMING WEEK**

**HOLY FAMILY**

Wednesday 17<sup>th</sup> (9.15am) Steven Kelly

Saturday 20<sup>th</sup> (6.30pm) John Henry Walls Snr.

Sunday 21<sup>st</sup> (11.30am) Robert Morrow

**ST. THÉRÈSE**

No Masses booked for the coming week.

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

**EUCCHARISTIC ADORATION**

We continue to appeal for your help in filling some slots:-

**Mondays 1pm – 2pm & 7pm – 8pm; Wednesdays 11am – noon, 4pm – 5pm & 6pm– 7pm; Thursdays 4pm-5pm & 8pm-9pm; Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm and Sundays 8pm – 9pm.**

**Summer Months**

If you could cover an hour per week, occasionally, to assist Eucharistic Adoration during the remainder of the holidays, please contact the Parish Office.

**100 CLUB BUILDING FUND WEEK 39**

**£100** – Myra Dowd, Somerton Court; Hugh Daly, Upper Cavehill Road; Roisin O'Neill, Glandore Gardens & B. McEvoy, Upper Cavehill Road.

**Promoter** – Sheila Gallagher

**ST THÉRÈSE FOLKGROUP (SUNDAYS AT NOON)**

...are recruiting new members. We welcome anyone, age 8 up. We currently meet upstairs at 11.40am to run through the music for the day. No audition or previous experience required, just bring along a voice & some enthusiasm! If you're interested in joining, please speak to Claire after Mass.

**CARNMONEY CEMETERY SUNDAY**

3rd & 4th September. For details, please visit – [www.stmarysonthehill.online](http://www.stmarysonthehill.online).

### COVID-19 UPDATE

The obligation to attend Mass on Sunday and Holy Days of Obligation has returned, however for those whose health is vulnerable, or who are unwell, will not be under any obligation. Please do not attend if you have any symptoms of COVID-19. A section with formal 2m socially distanced seating remains in each church, for those who may wish to adopt a more cautious approach – please inform one of the Parish Welcome team if you wish to avail of this. The use of hand sanitiser continues to be strongly encouraged, and please sanitise hands before using the holy water fonts. Please note that current public health guidance continues to strongly recommend the use of face coverings in all public indoor settings. Wearing a face covering helps keep you and others safe from COVID-19. Many thanks for your cooperation.

### ST VINCENT DE PAUL PILGRIMAGE TO KNOCK

Saturday 10th September, cost £20 p.p. Stopping at The Killyhevin Hotel for a break on the way to Knock, and again for dinner on the return journey. Adults only. Limited number of seats available. Contact Tom O’Kane 07747076681.

Feast day of Our Lady of Knock is 17<sup>th</sup> August. Pope Francis, on the Feast of St. Joseph, 19 March 2021, declared Knock to be an International Shrine of Eucharistic and Marian Devotion. Annual Knock novena runs 14 – 22 August. Two sessions are held daily – 3pm & 8pm. [www.knockshrine.ie](http://www.knockshrine.ie) for more information, and to view the Novena 2022 brochure.

### DIOCESAN PILGRIMAGE TO FATIMA

Full board in hotel: 7 nights (8-15 September) from £689 per person sharing. Joe Catney 02890714001/0777642563

### ACCORD RECRUITMENT

Volunteer facilitators sought, training will be provided. Contact Brenda on 90233002 or at [info@accordni.com](mailto:info@accordni.com).

### DROMANTINE WEEKEND WORKSHOP

The Long Goodbye: Practical Advice for Caregivers of People Living with Dementia, with Fr. Hugh Lagan SMA. 19 -21 Aug. £220. 02830821964 or [admin@dromantineconference.com](mailto:admin@dromantineconference.com)

### EXPERIENCED CARER AVAILABLE

..for assistance with private care/household duties within the Holy Family Parish community. Contact 07988517943.

### ECO CORNER

As we work to protect our common home, around the world governments are aiming to achieve ‘net zero emissions’. But what exactly is ‘net zero’ and is it something which is possible, a future where we no longer contribute to climate change? Reaching net zero emissions means removing an equal amount of CO2 from the atmosphere as we release into it. As Pope Francis demonstrates, in *Laudato Si’*, that while climate change is already happening, it will be the poorest and most vulnerable across the globe who will be hit hardest, and fastest. Our common home, and lives across the globe, face an unprecedented crisis, in which we all play a role. In order to avoid the worst impacts of climate change, we need to make significant changes, and we need to go further, faster.

### MASSES FOR THE FEAST OF THE ASSUMPTION (MONDAY 15TH AUGUST)

Holy Family Church – 9.15am  
St Thérèse Church – 10am & 7pm (N.B. no Vigil on Sun 14th)

The Assumption of Mary honours the fullness of blessedness that was her destiny, and the glorification of her immaculate soul and virginal body.

### ROSARY ON THE FEAST OF THE ASSUMPTION

The Legion of Mary has organised the recitation of the 4 mysteries of the Rosary at the Grotto in St Mary's Chapel Lane on 15 August, after 1pm Mass. Refreshments afterwards.

### PARISH PARTNERS IN PRAYER

Please join us this week, as we pray for our young adults. May the Lord guide and protect them from the dangers that are ever present in our world today. May He give them the courage and strength to make the right decisions, as they journey through life. Through the power of the Holy Spirit, may they come to know and experience God’s loving care.

### WORLD YOUTH DAY 2023

..will take place in Lisbon, 01 – 06 August 2023. Every year, the Church is called to reflect upon, and celebrate, youth and young adults. The Global Celebration of Young People takes place annually on the Solemnity of Christ the King.

### PRAYER FOR THE CHILD IN THE WOMB

Lord Jesus, you are the source and lover of life. Reawaken in us respect for every human life. Help us to see in each child the marvellous work of our Creator. Open our hearts to welcome every child as a unique and wonderful gift. Guide the work of doctors, nurses and midwives. May the life of a mother and her baby in the womb be equally cherished and respected. Help those who make our laws to uphold the uniqueness and sacredness of every human life, from the first moment of conception to natural death. Give us wisdom and generosity to build a society that cares for all. Together with Mary, your Mother, in whose womb you took on our human nature. Help us to choose life in every decision we take. We ask this in the joyful hope of eternal life with you, and in the communion of the Blessed Trinity. Amen.

### LAGANSIDE SINFONIA PRESENTS 'STARS AND STAR WARS'

Join Laganside Sinfonia on Saturday 3rd September at 2, Royal Avenue, Belfast, for an evening of fabulous music, with local soloists Russell Coates, William Curran and Susanna Griffin. There will also be music from Star Wars and more, with conductors Paul McCusker and Patrick Rafter. Free admission (refreshments included), with retiring collection in aid of Help Musicians UK. Visit [lagansidesinfonia.com](http://lagansidesinfonia.com) for more info.

### CHILDREN’S CORNER

As the storm raged, the captain realised his ship was sinking fast. He called out, “Anyone here knows how to pray?” A priest stepped forward. “Captain, I know how to pray.” “Good,” said the captain, “you pray while the rest of us put on our life jackets – we’re one short.”