

HOLY FAMILY PARISH
North Belfast Pastoral Community
(Holy Cross, Holy Family, Sacred Heart,
St. Patrick's & St. Vincent de Paul)

28 August 2022

22nd Sunday of the Year

Readings: C

Psalter: Week 2



V. Rev. Michael Spence P.P. 90743119

Rev. Robert Sloan C.C. 90743119

Rev. Deacon Brendan Dowd 90743119

Emergency Telephone: 07802458240

Parish Office: 90743119

(Services are available via telephone and email, 9.30am – 2.30pm Monday-Thursday, 9.30am – 1.30pm on Friday.

Office email: holyfamily@downandconnor.org

Website: holy-familyparish.com

Address: 226-228 Limestone Road, BT15 3AP

Pastoral Community Churches

Holy Cross- V. Rev. John Craven C.P(90748231)

Sacred Heart- Fr. Andrew Black (temporary) (90751543)

St. Patrick's- V. Rev. Eugene O'Neill (90324597)

St. Vincent de Paul V. Rev. Vincent Cushnahan (90713401)

WEEKEND MASS

Holy Family Church: 6.30pm Vigil & 11.30am

St Thérèse Church: 6pm Vigil, 10am & noon

MIDWEEK MASS

Holy Family Church: Monday – Friday @ 9.15am

St. Thérèse Church: Monday – Saturday @ 10am

CONFESSION

Holy Family Church: Saturday 5.30pm-6.15pm

St. Thérèse Church: Saturday after 10am Mass

CHILDREN'S LITURGY

... can be found on our parish website, by pressing the 'Readings & Prayer Times' button.

PILGRIM PRAYER WITH DEACON BRENDAN

Every Tuesday night at 8pm on Facebook and on the Holy Family website. For Facebook users simply like the Holy Family Facebook page.

REST IN PEACE

Recently Deceased: Kevin McAlorum

Month's Mind: Stephen Darby, Christopher Brady & Noreen Quinn

Anniversaries: Dermot McGarry, Michael, Patrick & Willie Duff, Patrick McNamee, Orlaith O'Kane, Philomena O'Neill, Sheila & Tom Walsh, Edward Comerton, Ella Donaghy

PARISH OFFICE

The office will be closed on Monday 29 August (bank holiday) & Tuesday 30 August, to reopen Wednesday 31 August.

PARISH WEBCAM

Live streaming of all Masses takes place in Holy Family Church and St. Thérèse Church. For both Churches, click on the Live Webcams button on the Home Page of the Parish website www.holy-familyparish.com.

DIOCESAN PRIVACY POLICY

The Privacy Policy for the Diocese of Down and Connor, including Holy Family Parish, is available in the Safeguarding section of the Parish website. A paper copy may be obtained from the Parish Office if required.

COLLECTIONS

The **weekly collection** on Sunday 21 August came to £1860.45, and the collection for the **Diocesan Cathedral Fund** was £994.25 . Thank you for your contribution.

MASSES IN THE COMING WEEK

HOLY FAMILY

Monday 29th (9.15am) Michael, Patrick & Willie Duff

Saturday 03rd Sept (6.30pm) Margaret Thompson

Sunday 04th (11.30am) Mary & Frank Snow & Bridie May

ST. THÉRÈSE

Saturday 03rd Sept (6pm) Eileen McGuinness

Sunday 04th (10am) Denis O'Sullivan

Sunday 04th (noon) Joanne Morgan (15th)

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come spiritually into my heart. I embrace You as being already there, and unite myself wholly to You. Never permit me to be separated from You.

EUCCHARISTIC ADORATION

We continue to appeal for your help in filling some slots:-
Mondays 1pm – 2pm & 7pm – 8pm; Wednesdays 11am – noon, 4pm – 5pm & 6pm– 7pm; Thursdays 4pm-5pm & 8pm-9pm; Saturdays 12noon-1pm; 2pm-3pm & 3pm-4pm and Sundays 8pm – 9pm.

Occasional Hours

If you could cover an hour, occasionally, to assist Eucharistic Adoration, please contact the Parish Office.

100 CLUB BUILDING FUND WEEK 41

£100 – Bridget O'Hare, Dunlambert Drive; Dympna Eastwood, Ardmillan; S. White, c/o Henderson Avenue & Fionnuala Carson, Thirlmere Gardens
Promoter – Patricia Connolly

ST THÉRÈSE FOLKGROUP (SUNDAYS AT NOON)

...are recruiting new members. We welcome anyone, age 8 up. We currently meet upstairs at 11.40am to run through the music for the day. No audition or previous experience required, just bring along a voice & some enthusiasm! If you're interested in joining, please speak to Claire after Mass.

MONTHLY VISITS TO THE SICK

Fr. Michael & Fr. Robert will begin their visits to the sick & housebound of the parish on the week beginning Monday 12 September.

COVID-19 UPDATE

After a significant increase in COVID-19 infections earlier this summer due to the extremely transmissible Omicron variants, we now appear to have passed the peak of this latest wave. In light of this, we have reviewed our current protocols and have decided that it is appropriate at this point to discontinue the regular sanitisation of our churches. Pre-pandemic arrangements for cleaning will be re-instated. While there is reason to be cautiously optimistic going forward, there is still some uncertainty about the path this pandemic will take as we head into the autumn and winter months. The following precautions therefore will remain in place in line with diocesan guidelines:

- The wearing of face coverings is strongly recommended, in keeping with the current Public Health advice in relation to indoor public places including places of worship
 - The use of hand sanitiser on entering and exiting the church and before using the holy water fonts is strongly recommended
 - The socially distanced sections in both churches will be maintained for those who wish to exercise ongoing caution
 - Ventilation will continue to be maximised
 - The physical Sign of Peace remains suspended and Holy Communion should be received in the hand only
- We will continue to keep the situation under regular review. We are immensely proud of our COVID volunteers and the dedication and commitment that they have shown for over two years now. There is no doubt that their hard work protected the health and wellbeing of our parishioners by making our churches as safe as possible. On behalf of the parish community, we extend our heartfelt thanks and sincere appreciation to them.

PILGRIMAGES/RETREATS

St Vincent De Paul Pilgrimage To Knock

Saturday 10th September, cost £20 p.p. Stopping at The Killyhevlin Hotel for a break on the way to Knock, and again for dinner on the return journey. Adults only. Limited number of seats available. Contact Tom O’Kane 07747076681.

Diocesan Pilgrimage To Fatima

Full board in hotel: 7 nights (8-15 September) from £689 per person sharing. Joe Catney 02890714001/0777642563

One Day Retreats At Lough Derg

September 3, 7, 10, 13, 17, 18, 24 & 25. Booking is essential. €45pp includes all refreshments, lunch, return boat service, full retreat programme, free car & coach parking. 0035371 9861518 / www.loughderg.org or info@loughderg.org

WIN A TRIP TO MEDJUGORJE

Free draw. Win one week’s all included package trip to Medjugorje for one person. www.med-irishcentre.com / 00353 1443 4510 or email reservations@med-irishcentre.com

CARNMONEY CEMETERY SUNDAY

3rd & 4th September. For details, please visit – www.stmarysonthehill.online.

ECO CORNER

He who plants trees loves others, besides himself.
(Thomas Fuller)

COLLECTION FOR FR. STRAIN AND FR. MORELY

Envelopes are available in both churches, for anyone who wishes to contribute to gifts for Fr. Paul Strain and Fr. Paul Morely. Sealed envelopes can be returned to the collection box in either church, or to the Parish Office, or to the black box on the wall outside the Parish Office. A Thank You Event is being organised for early autumn - further details to follow in the coming weeks.

BOOK LAUNCH IN HOLY FAMILY CHURCH

“Beauty through broken windows: Empowering Edmund Rice Vision”, co-edited by Holy Family parishioner, Aidan Donaldson. Launched by Dr. Eamon Phoenix on Thurs 15th Sept at 6pm. “This book has the potential to transform lives. A most engaging and inspiring book, it challenges us to stop and reflect and look at the world with new eyes and a new heart opened to be transformed in the deepest Christian sense.” (Sr. Stanislaus Kennedy, Focus Ireland).

VACANCIES IN ST. VINCENT DE PAUL PARISH

1. **Housekeeper**, permanent, 12 hours per week: Mon, Wed & Thurs, 10am – 2pm, (flexible from time to time), £9.50 p.h.
 2. **Parish Secretary**, permanent, 12 hours per week: Mon, Tues & Thurs, 9.30am – 1.30pm. £10.50 p.h.
- Full details relating to both posts are on the Diocesan website at: www.downandconnor.org, clicking on the tab: JOB VACANCIES or on the Community NI website, or from St. Vincent de Paul parish office (90713401). Both vacancies close at 12 noon on Thursday 1st September.

FEAST OF THE EXALTATION OF THE HOLY CROSS

On Wednesday 14th September, Pope Francis invites the dioceses of Europe to unite in prayer for Ukraine. Further details to follow.

LAGANSIDE SINFONIA PRESENTS 'STARS AND STAR WARS'

Join Laganside Sinfonia on Sat 3rd Sept at 7.30pm, at 2, Royal Avenue, Belfast, for an evening of fabulous music, with local soloists Russell Coates, William Curran and Susanna Griffin. There will also be music from Star Wars and more, with conductors Paul McCusker and Patrick Rafter. Free admission, with retiring collection in aid of Help Musicians UK. Visit lagansidesinfonia.com for more info.

THOUGHT FOR THE WEEK

The tallest oak in the forest was once just a little nut, that held its ground.

CHILDREN’S CORNER

During his sermon on Jesus’s teaching that we should love our enemies, the priest asked the congregation to raise their hands if they had any enemies. Everyone did so except for Mrs. Watson in the front row, who had just turned 95. “Mrs. Watson,” the priest asked, “how could you possibly live for 95 years and have no enemies?” “That’s easy,” the senior citizen replied, “I just outlived them!”