



# Holy Family Parish

*A praying, caring community, centred in Christ*

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

### RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

### BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

### DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)

**Pilgrim Prayer:** Tuesday 8pm on Parish website & Facebook

**First Saturday:** 10am (Holy Family)

**Taizé Prayer:** last Friday of the month 8-9pm (Holy Family)

## SAINTS OF THE WEEK

Wed. 1: St David, Bishop  
Sat. 4: St Casimir



*"Be joyful, keep your faith and your creed. Do the little things you have seen me do and heard about. As for me, I will walk the path that our fathers have trod before us."*

- St David of Wales

## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP, Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

**Parish Telephone (Office hours):** 90743119

**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

**Address:** 226-228 Limestone Road, Belfast BT15 3AP

**Emergency Sick Calls only (24hrs):** 07802458240

**Society of St Vincent de Paul (Helpline):** 028 90351561

**Email:** holyfamily@downandconnor.org

**Website & Webcam:** www.holy-familyparish.com



## 1<sup>st</sup> Sunday of Lent



26 February 2023 ❖ Readings: A (I) ❖ Psalter: Week 1

## LENTEN DEVOTIONS

**EARLY MORNING MASS:** Monday to Friday at 7.15am in Holy Family

**MORNING PRAYER:** 15mins before Masses Mon-Sat (9.15am & 10am)

**STATIONS OF THE CROSS:** St Thérèse: Fridays after Morning Mass

Holy Family: Fridays at 3pm

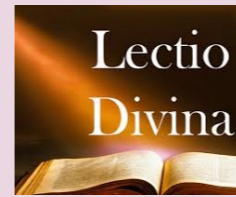
### From Pope Francis:

"Dear friends, Lent is the favourable season for renewing our encounter with Christ, living in his word, in the sacraments and in our neighbour. The Lord, who overcame the deceptions of the Tempter during the forty days in the desert, shows us the path we must take. May the Holy Spirit lead us on a true journey of conversion, so that we can rediscover the gift of God's word, be purified of the sin that blinds us, and serve Christ present in our brothers and sisters in need. I encourage all the faithful to express this spiritual renewal also by sharing in the Lenten Campaigns promoted by many Church organizations in different parts of the world, and thus to favour the culture of encounter in our one human family. Let us pray for one another so that, by sharing in the victory of Christ, we may open our doors to the weak and poor. Then we will be able to experience and share to the full the joy of Easter." (Lent 2017)



### Praying with the Scriptures during Lent

Join us in **Holy Family Church every Wednesday 7-8pm during Lent**, beginning 1st March, for a course on praying with the Scriptures. This practical and experiential course will introduce us to prayer using the *Lectio Divina* method.. You are welcome any Wednesday.



### No Greater Love

An invitation to join with Living Church to reflect over Zoom on the final moments of Jesus' life. Best selling author, Edward Sri, will guide us through the final hours of Christ's life. The programme will be facilitated by Fr Paul Byrne and Aishling Steen over the five weeks of Lent beginning on Monday Feb 27th at 7pm. To book your place, please email: livingchurch@downandconnor.org.

### A Springtime of Faith Lenten Scripture

Based on his book *Hearers of the Word: Praying and exploring the Readings of Lent and Holy Week Year A*, Fr. Kieran O'Mahoney will draw on the rich resources of theology, Sacred Scripture, literature and our current realities to help the critical reader towards an ever deeper appreciation of the Word in this season. Wednesdays 2-4pm during Lent at the Belfast Jesuit Centre, 193-195 Donegall Street. Cost £40. Tel: 07706316319 or email: belfastjesuitcentre@gmail.com.



## PARISH NEWS & EVENTS

**WEEKLY OFFERING.** The weekly offering on Sunday 19th February came to £1,858.42, and the collection for Sick and Retired Priests was £1,360.92. Thank you for your generous contribution, and continued support.

**TRÓCAIRE.** The Lenten 2023 campaign highlights Somalia, which is in the midst of a critical food crisis, which has left almost half the population experiencing acute food shortages, and unbearable hunger. You can support this vital work by taking home a Trócaire box and using it in your home, using the donation envelope in your pack, or by going online at [www.trocaire.org](http://www.trocaire.org).

**PARISH 100 CLUB.** It's still not too late to join...contact the Parish Office for details. Week 5 winners: Mary Shannon, Thomas Armstrong, Aideen Loughran, Sheila Lees & Anne White (Promoter)

**1<sup>ST</sup> SATURDAY DEVOTIONS.** In Holy Family Church on 4th March. 10am Adoration, Confession and Act of Consecration. 11am Mass.

**ONE DAY PILGRIMAGE TO KNOCK.** Sunday 19th March, cost £20. Contact 07812098991 or 07946917354.

**DOWN AND CONNOR DIOCESAN PILGRIMAGE 2023.** 6 Nights (11-17 July) 5 Nights (12-17 July) Youth Team (11-17 July). Volunteer registered nurses sought. Contact the Pilgrimage Office [lourdes@downandconnor.org](mailto:lourdes@downandconnor.org) /9077 0162

**DEVELOPING WORLD GROUP** wish to thank parishioners for their outstanding generosity in supporting the fundraiser in aid of the Twezimbe Centre, Uganda last weekend. The tremendous amount of £1,184.30 was raised.

**NEWINGTON DAY CENTRE** are launching their annual Lenten campaign. They are asking friends, families, members, carers and the local community to support their work, with a target of £6,000.. Can you donate £30 to give the gift of day care to an older person or even make any small donation. Please leave it at the parish office, or the Day Centre (31/35 Atlantic Avenue) or send a cheque payable to Newington Day Centre. If you have a query, please contact Margaret McCrudden (Manager) 02890351947.

**SALE OF ANTIQUES & COLLECTIBLES**, including crystal, china, boxed cars and costume jewellery, all at much reduced prices. Saturday 11 March, 10am - 4pm in Holy Family Parish Centre, Cavehill Road. Free admission. Proceeds to Holy Family Parish, thanks to the generosity of a parishioner (antique dealer). Why not come along and find that perfect Mother's Day Gift?

## MASS INTENTIONS

Mon 27:	Siobhán Burns MM
Tue 28:	James Cromie
Wed 1:	Denis O'Hara
Thu 2:	Sean Carroll
Fri 3:	Funeral Stacia O'Byrne RIP
Sat 4 (10am):	Olive McAlea
Sat 4 (6pm):	James & Mary Crilly
Sun 5(9am):	Patrick Aldridge
Sun 5 (10.30am):	Eileen Bell
Sun 5 (12Noon):	Elizabeth McNamara MM



For more information and resources:  
[www.holy-familyparish.com](http://www.holy-familyparish.com)

## REST IN PEACE



**Recently deceased:** Gerald Stewart, Seamus Dillon, Tony McBride & Stacia O'Byrne **Month's Mind:** Siobhán Burns **Anniversaries:** Sr. Rosaire (Patricia) Boden, John Martin, Helen Hughes (1<sup>st</sup>), Tony Magill, Harold Scott, John & Josephine McNicholl, Sean Carroll, Nora Neeson (10<sup>th</sup>), Brian Brady, Bill Reynolds, James Cromie & Denis O'Hara

*Eternal rest grant unto them, O Lord!*