



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Mon. 6: St Paul Miki & Companions, Martyrs
Wed 8: St. Josephine Bakhita, Patron saint of victims of modern slavery and human trafficking
Fri. 10: St Scholastica, Virgin
Sat. 11: Our Lady of Lourdes



*"I do not promise you happiness in this life but in the next."
- Our Lady of Lourdes to St Bernadette*

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP, Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

Website: www.holy-familyparish.com

Webcam: available on Parish website homepage

5th Sunday in Ordinary Time

5 February 2023

Readings: A (I) ❖ Psalter: Week 1

WORLD DAY OF THE SICK

Feast of Our Lady of Lourdes (Saturday 11th February)

"Dear brothers and sisters, when we go on a journey with others, it is not unusual for someone to feel sick, to have to stop because of fatigue or of some mishap along the way. It is precisely in such moments that we see how we are walking together: whether we are truly companions on the journey, or merely individuals on the same path, looking after our own interests and leaving others to "make do". For this reason, on the 31st World Day of the Sick, as the whole Church journeys along the synodal path, I invite all of us to reflect on the fact that it is especially through the experience of the vulnerability and illness that we can learn to walk together according to the style of God, which is closeness, compassion and tenderness.



It is not only what functions well or those who are productive that matter. Sick people, in fact, are at the centre of God's people, and the Church advances together with them as a sign of humanity in which everyone is precious and no one should be discarded or left behind.

To the intercession of Mary, Health of the Sick, I entrust all of you who are ill; you who care for them in your families or through your work, research and volunteer service; and those of you who are committed to weaving personal, ecclesial and civic bonds of fraternity. To all, I impart my heartfelt blessing."

(excerpt from Message of Pope Francis for 31st World Day of the Sick, 2023)

PRAYER OF ABANDONMENT

(St Charles de Foucauld)

Father, I abandon myself into your hands; do with me what you will. Whatever you may do, I thank you: I am ready for all, I accept all. Let your will be done in me, and in all your creatures - I wish no more than this, O Lord.

Into your hands I commend my soul; I offer it to you with all the love of my heart, for I love you, Lord, and so need to give myself, to surrender myself into your hands, without reserve, and with boundless confidence, for you are my Father. Amen.



REST IN PEACE

Recently Deceased: Elizabeth McNamara

Month's Mind: Patsy O'Callaghan

Anniversaries: Fionnbar Doran, Kathleen Lynn, Richard Lynn, Hugh Johnson, Martha McGhee, Fergus & Anne Manning, Una McMahan, Kathleen McGahan, Maureen McAteer, Charles Kevin, Michael McCaughey, Mary McLarnon, Hugh Magee (1st) & Anita Cochrane

Eternal rest grant unto them, O Lord!

PARISH NEWS & EVENTS

WEEKLY OFFERING

The weekly offering on Sunday 29 January came to £2,093.24. Thank you for your generous contribution and continued support.

PARISH 100 CLUB

The Parish 100 Club Draw has started, with cash prizes every week. It's not too late to join..contact the Parish Office for details. Week 2 winners: Anne Cromie, Marie McGurk, Myra Dowd, F. Dowds & Dolores Dempsey (Promoter).

ST. VINCENT DE PAUL

Volunteers urgently required for St Therese SVDP. Those interested, please contact the Parish Office or Carmel Maginness (president) 07796236624.

CONFIRMATION

We pray for our parish children, who will receive the sacrament of Confirmation in the coming week. May God's Word, and the Holy Spirit, help them and their families to grow in faith, peace and love.

EUCCHARISTIC ADORATION...

..needs people for Tuesday 5pm-6pm; Wednesday 11am-12noon & 3pm-4pm; Thursday 6pm-7pm, 7pm-8pm & 8pm-9pm and Saturday 11am-12noon.

LAY DOMINICANS

..meet in Iona House, 28 Fortwilliam Park at 3pm on the 2nd Sunday of every month. Rosary, Evening prayer of the church, followed by refreshments. All welcome. Enquiries TEXT Joseph 07808570281.

WORDS OF ENCOURAGEMENT

A series of 6 "conversations" with Fr. Perry Gildea, looking at the positive and comforting aspects of the Christian message. In Drumalis (28272196). Free, donations welcome.

BEGINNING EXPERIENCE

The loss of a partner through death separation or divorce is devastating. Beginning Experience is offering 'a weekend away for a lifetime of change' at Drumalis, Friday 10th - Sunday 12th March. Contact Phil: 02890 207645 or Marie 07896119669.

MARKING 50 YEARS OF TRÓCAIRE

On the Feast of the Presentation of our Lord in 1973, the Irish Bishops wrote to the Christian people of Ireland establishing Trócaire. As we mark 50 years of Trócaire, we mark 50 years of perseverance, courage, participation, accountability and solidarity. We pray that the next fifty years will see all people working together for a more just world.

ANAM CARA MONTHLY PARENT EVENING

..for bereaved parents on Monday 13th February at 7:30pm in the Crowne Plaza Hotel. Online meeting Monday 20th February at 7pm. Contact 02895213120.

BLOOD DONATION SESSION

In the Lansdowne Hotel on Tuesday 07th February, 12.30pm - 4pm & 5pm - 7.30pm To book, contact 08085534653.

For more information and resources:

www.holy-familyparish.com

MASS INTENTIONS

Mon 6: Maureen McAteer
Tue 7: Charles Kevin
Wed 8: Michael McCaughey
Thu 9: Mary McLarnon
Fri 10: Hugh Magee (1st)
Sat 11 (10am): Tom Bagues (50th)
Sat 11 (6pm): Mary Kearney
Sun 12 (9am): Mary Devine
Sun 12 (10.30am): Vincent Meenehan
Sun 12 (12Noon): Abraham Pothén

