



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am
St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm
St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm
St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)
Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook
First Saturday: 10am (Holy Family)
Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Tue. 14: Sts Cyril & Methodius, Bishops, Co-Patrons of Europe, Feast

"However tired and physically worn out I am, I will go with joy to that land; with joy I depart for the sake of the Christian faith."

- St Cyril



CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240
Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org
Website: www.holy-familyparish.com
Webcam: available on Parish website homepage

6th Sunday in Ordinary Time

12 February 2023 ❖ Readings: A (I) ❖ Psalter: Week 2

Fatherly Instructions

The Catholic Church teaches that **moral law** comes from God as "fatherly instructions" to help us determine what is right and what is wrong. "It prescribes for man the ways, the rules of conduct that lead to the promised beatitude; it proscribes the ways of evil which turn him away from God and his love. It is at once firm in its precepts and, in its promises, worthy of love" (CCC 1950). Moral law is the means that God keeps us and directs us toward heaven and away from evil. Moral law should be the basis for civil laws in order to draw all people closer to God.

The natural moral law is the knowledge of right from wrong that all people possess as part of human nature, regardless of culture or religion. For example, there is a universal consensus that murder is wrong. That is **natural law**. "The natural law is written and engraved in the soul of each and every man, because it is human reason ordaining him to do good and forbidding sin" (CCC 1954). "The natural law should be the basis for all civil laws in order to bind people together and create a just society. It also provides indispensable moral foundation for building the human community" (CCC 1959).

In the Old Testament God prepared us for the coming of Jesus. The Ten Commandments revealed basic truths which are part of the natural law in a way that people could understand and follow. They taught that we must love God and neighbour. "The precepts of the decalogue lay the foundations for the vocation of man fashioned in the image of God; they prohibit what is contrary to the love of God and neighbour and prescribe what is essential to it" (CCC 1962).

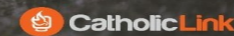
In the New Testament Jesus Christ perfects the law. He shows us that we must really allow ourselves to **be transformed into people who act on love**. "The Law of the Gospel fulfils the commandments of the Law. The Lord's Sermon on the Mount, far from abolishing or devaluing the moral prescriptions of the Old Law, releases their hidden potential and has new demands arise from them: it reveals their entire divine and human truth" (CCC 1968).

We do not just follow the law because we fear God. We follow the commandments of Jesus **to act in love** because we love him and desire to be close to him. Furthermore, through the sacraments, Jesus gives us the grace to live this new law. This gives us freedom for we are not slaves. Instead we are friends of Jesus Christ.

www.young-catholics.com

"When we teach our children to be good, to be gentle, to be forgiving (all these are attributes of God), to be generous, to love their fellow men, to regard this present age as nothing, we instill virtue in their souls, and reveal the image of God within them."

- St. John Chrysostom



REST IN PEACE

Anniversaries: Mary Kearney, Tom Bogues (50th), Vincent Meenehan, Mary Devine, Abraham Pothan, Minnie Kevin, Marie (1st) & Jimmy Kelly, Annie Kevin, Mari Donnelly, Geordie McDade, Brenda Cooke, May McNulty (25th), Daniel Owens & Margaret Matthews

Eternal rest grant unto them, O Lord!



LENTEN DEVOTIONS

Early Morning Mass: Monday to Friday at 7.15am in Holy Family.
Morning Prayer: 15mins before Masses Mon-Sat (9.15am & 10am).
Stations of the Cross: St Thérèse: Fridays after Morning Mass
Holy Family: Fridays at 3pm.

The Parish Office will be closed on Wednesday 15th and Thursday 16th February.

PARISH NEWS & EVENTS

WEEKLY OFFERING

The weekly offering on Sunday 05th February came to £4,177.51, and the monthly collection for the support of our priests was £2,537.40. Thank you for your generous contribution and continued support.

PARISH 100 CLUB

It's not too late to join..contact the Parish Office for details. Week 3 winners: Billy Gillen, Dolly Eaton, M. Johnston, Ann Dickson & Ken McLaughlin (Promoter).

EUCHARISTIC ADORATION...

..needs Adorers for Wed 11am-12noon, 12noon-1pm & 3pm-4pm; Thurs 6pm-7pm, 7pm-8pm & 8pm-9pm; Fri 12noon-1pm & 1pm-2pm and Sat 11am-12noon.

CONFIRMATIONS

Congratulations to all the boys and girls in the parish who received the Sacrament of Confirmation on Wednesday, Thursday and Friday of the past week. Thank you to their parents and teachers, and all who helped to prepare them for the day.

DEVELOPING WORLD GROUP ~ TWEZIMBE CENTRE, UGANDA

The Developing World Group will be providing Tea and Treats in the Gathering Space after the Masses next weekend - 18/19 February, to raise funds for the Twezimbe Centre, Uganda. Your support is greatly appreciated.

DAY OF PRAYER FOR VICTIMS & SURVIVORS OF ABUSE (FEB. 24)

Pope Francis has invited Bishops around the world to establish a special day of prayer in the Church year, to support the journey of human and spiritual recovery. A special Mass will be celebrated in Saint Patrick's Church Donegall Street at 1:00pm on 24th February, to pray for, and remember, victims and survivors of abuse within our Church. At this mass, the Candle of Atonement will be lit.

EUCHARISTIC HEALING NIGHT

An evening of adoration, worship, confession, prayer ministry, testimony and Benediction. Come and experience the love of God, 6pm-8pm on the 3rd Sunday of every month, in St Joseph's Church, Antrim.

TEMPERANCE SUNDAY, 19 FEBRUARY

RTÉ will broadcast Mass on Sunday 19 February at 11am. Prayers will be offered for all who are in treatment for addiction, and for those who are in recovery.

For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Mon 13:	Minnie Kevin
Tue 14:	Marie (1st) & Jimmy Kelly
Wed 15:	Annie Kevin
Thu 16:	Mari Donnelly
Fri 17:	<i>Priest's intention</i>
Sat 18 (10am):	Eddie Keenan
Sat 18 (6pm):	Susan O'Hara
Sun 19 (9am):	Anita Cochrane
Sun 19 (10.30am):	James Feighan
Sun 19 (12Noon):	Molly & Arthur Steele

