



# Holy Family Parish

*A praying, caring community, centred in Christ*

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

### RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

### BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

### DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)

**Pilgrim Prayer:** Tuesday 8pm on Parish website & Facebook

**First Saturday:** 10am (Holy Family)

**Taizé Prayer:** last Friday of the month 8-9pm (Holy Family)

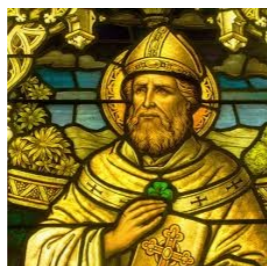
## SAINTS OF THE WEEK

Fri. 17: St Patrick, Bishop, Apostle of Ireland

Sat. 18: St Cyril of Jerusalem, Bishop, Doctor

*"May the strength of God pilot us, may the wisdom of God instruct us, may the hand of God protect us, may the word of God direct us. Be always ours this day and evermore."*

- St Patrick



## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP, Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

**Parish Telephone (Office hours):** 90743119

**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

**Address:** 226-228 Limestone Road, Belfast BT15 3AP

**Emergency Sick Calls only (24hrs):** 07802458240

**Society of St Vincent de Paul (Helpline):** 028 90351561

**Email:** holyfamily@downandconnor.org

**Website & Webcam:** www.holy-familyparish.com

## 3<sup>rd</sup> Sunday of Lent

12 March 2023 ❖ Readings: A (I) ❖ Psalter: Week 3

## LENTEN DEVOTIONS

**EARLY MORNING MASS:** Monday to Friday at 7.15am in Holy Family

**MORNING PRAYER:** 15mins before Masses Mon-Sat (9.15am & 10am)

**STATIONS OF THE CROSS:** St Thérèse: Fridays after Morning Mass

Holy Family: Fridays at 3pm

### From Pope Francis:

"The promise of the living water that Jesus made to the Samaritan woman became a reality in His Passion: "blood and water" came out of his pierced ribs (John 19:34). Christ, the lamb immolated and resurrected, is the source from which the Holy Spirit springs, who remits sins and regenerates to new life.

This gift is also the source of testimony. Like the Samaritan woman, anyone who encounters the living Jesus feels the need to tell others, so that everyone might arrive at the point of professing that Jesus "is truly the saviour of the world" (John 4.42), as that woman's fellow townspeople later said. We too, generated in new life through Baptism, are called to testify to the life and hope that are within us. If our search and thirst find in Christ full contentment, we will manifest that salvation lies not in the "things" of this world, which eventually produce drought, but in the One who loved us and always loves us: Jesus our Saviour, in the living water that He offers us." (Angelus, 15 March 2020)



### Praying with the Scriptures during Lent

Join us in **Holy Family Church every Wednesday 7-8pm during Lent**, for a course on praying with the Scriptures. This practical and experiential course will introduce us to prayer using the *Lectio Divina* method. You are welcome any Wednesday evening.



### WHAT IF YOU TRY THESE EVERY DAY?

<b>GIVE</b> 🙌	<b>GIVE UP</b> 🙅
THANKS 🙏	COMPLAINING 😡
COMPLIMENTS 👍	JUDGEMENT 🗑️
FORGIVENESS 🙏	REVENGE 😡
ENCOURAGEMENT 🙌	NEGATIVISM 🙅
HOPE 😊	DESPAIR 😞
VIRTUE 😊	SIN 🚫
TIME TO PRAY 🕒	WASTING TIME 🕒
RESPECT 🙏	PREJUDICE 🗑️
HELP 🙏	SELFISHNESS 🙅

## St Patrick's Day

St Thérèse of Lisieux - 7pm Vigil Mass, 9.00am Mass  
Holy Family - 10.30am Mass

Morning Prayer will be prayed 15mins before Morning Masses.  
The Stations of the Cross will not be celebrated.

Join us after 10.30am Mass for hospitality.

*Wishing you all a wonderful St Patrick's Day!*

## PARISH NEWS & EVENTS

**WEEKLY OFFERING.** The weekly offering on Sunday 05th March came to £1,957.80, and the monthly collection, for the support of our priests was £2,118.70. Thank you for your generous contribution and continued support.

**TRÓCAIRE** Over the past 50 years, Trócaire has heard and responded to the cry for justice from people in over 20 countries. Your contributions this Lent mean that we can stand in solidarity with those treated unjustly and campaign for a fairer world, as well as providing emergency programs, basic healthcare and education in places where it is most needed. www.trócaire.com

**PARISH 100 CLUB.** Week 7 winners: Martin O'Connor, Phoebe Cooley, Eileen Rimes, Mrs. R. O'Brien & James O'Hare (Promoter)

**EUCCHARISTIC ADORATION.** Adorers still needed. If you can spare an hour in your week, please contact the Parish Office for details.

**DOWN AND CONNOR LOURDES PILGRIMAGE 2023.** 11-17 July; 12-17 July & Youth Team, 11-17 July. Volunteer registered nurses sought. Contact the Pilgrimage Office: lourdes@downandconnor.org /9077 0162

**ST. PATRICK'S DAY.** Shamrock will be on sale in both churches at all Masses, cost £1. St Patrick's branch of Conradh na Gaeilge will hold their annual collection for the Irish Language after all Masses. **The Parish Office will be closed on St. Patrick's Day.**

**NEWINGTON DAY CENTRE.** Reminder of the annual Lenten campaign, with a target of £6,000. Please leave your donation into the parish office, or the Day Centre, 31-35 Atlantic Avenue. Cheques are payable to Newington Day Centre.

**JOB VACANCIES (DOMINICAN SISTERS, FORTWILLIAM).** Part time & full time care assistants and a part time cleaning assistant. For further information, contact Caitriona on 02890370008. Closing date Friday 24th March.

**EUCCHARISTIC HEALING NIGHT.** An evening of adoration, worship, confession, prayer ministry, testimony and benediction. Come experience the love of God, 6pm-8pm on the 3rd Sunday of every month, in St Joseph's Church, Antrim.

## MASS INTENTIONS

Mon 13:	Joseph Craig
Tue 14:	Anthony Gibney
Wed 15:	John Paul Raffo
Thu 16 (7.15am):	Monica Joy
Thu 16 (10am):	Jane & Thomas Moreland
Fri 17 (10.30am):	Patrick Griffin
Sat 18 (10am):	Maura Moreland
Sat 18 (6pm):	Sinead Savage MM
Sun 19 (9am):	Mildred Jordan (1st)
Sun 19 (10.30am):	James & Ellen McGarrity & Family
Sun 19 (12Noon):	Mary Lagan (1st)



For more information and resources:

[www.holy-familyparish.com](http://www.holy-familyparish.com)

## REST IN PEACE

**Recently deceased:** Orla Flynn & Hilary O'Neill

**Month's Mind:** Sheila Faloon

**Anniversaries:** Mary Cooley, Bernadette Bradley, Mary Bradley Verhoeven, John Kelly, Kathleen Gilmore, Janette McGarry (1st), Sheila & Niall Parkhill (1st), Patricia (10th) & John Martin, Joseph Craig, Anthony Gibney, John Paul Raffo, Jane & Thomas Moreland, Patrick Griffin, Ellen Wilson, Joe & Chrissie Sloan, Patricia Hamilton, Monica Joy

*Eternal rest grant unto them, O Lord!*

