



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

- Mon. 20: St Joseph, Husband of the Blessed Virgin Mary, Solemnity
- Tue. 21: St Enda, Abbot
- Fri. 24: St Macartan, Bishop
- Sat. 25: Annunciation of the Lord, Solemnity



"Mary stands at the crucial point of human history and especially at the crucial point of the history of woman; in her, motherhood was transfigured and physical maternity surmounted."
- St Edith Stein

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP, Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

Website & Webcam: www.holy-familyparish.com



4th Sunday of Lent



19 March 2023 ❖ Readings: A (I) ❖ Psalter: Week 4

LENTEN DEVOTIONS

EARLY MORNING MASS: Monday to Friday at 7.15am in Holy Family

MORNING PRAYER: 15mins before Masses Mon-Sat (9.15am & 10am)

STATIONS OF THE CROSS: St Thérèse: Fridays after Morning Mass

Holy Family: Fridays at 3pm

We wish a Happy Mother's Day to all past, present or soon to be Mums in our parish!

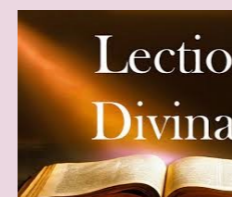
Mary, on this day when we honour all mothers, we turn to you. We thank the Lord whom you serve for the great gift of motherhood. Never has it been known that anyone who sought your intercession was left unaided by grace. Dear Mother, thank you for your "Yes" to the invitation of the angel which brought heaven to earth and changed human history. You opened yourself to God's word and the Word was made flesh and dwelt among us.

Dear mother, intercede for all of our mothers. Ask your Divine Son to give them the grace of surrendered love so that they could join with you in giving their own "Fiat." May they find daily strength to say yes to the call to the sacrificial love- the very heart of the vocation of motherhood. May their love and witness be a source of great inspiration for all of us called to follow your Son.

On this Mothers day, Mother of the Word Incarnate, pray for us who have recourse to you.

Praying with the Scriptures during Lent

Join us in Holy Family Church every Wednesday 7-8pm during Lent, beginning 1st March, for a course on praying with the Scriptures. This practical and experiential course will introduce us to prayer using the *Lectio Divina* method. You are welcome any Wednesday.



LENTEN REFLECTION ON THE PRODIGAL SON



The Return of the Prodigal Son, by Dutch painter Rembrandt (1606-1669), is a powerful contemplation on the mercy and love of God. It has inspired many, most notably Fr Henri Nouwen who penned *The Return of the Prodigal Son: A Story of Homecoming* (1992), using the parable and Rembrandt's painting as frameworks.

For these last weeks of Lent we have placed a copy of the painting in the Holy Family shrine. We invite you to come and sit in front of it for a while, read the passage of Lk 15:11-32, reflecting on what it could mean for you, for your family and for the Church this Lent. A guide is provided to aid your reflection.

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly offering on Sunday 12th March came to £2,608.28. Thank you for your generous contribution, and continued support.

TRÓCAIRE In Somalia and other countries around the world, Trócaire provides maternal care for expectant and new mothers. Your support this Lent will provide healthcare to mothers and babies, and train new midwives in one of the most fragile countries in the world. www.trócaire.org. A representative from Trócaire will speak about this year's Lenten campaign, at all Masses next weekend, 25th & 26th.

PARISH 100 CLUB. Week 8 winners: Roisin O'Neill, Philomena Costello, Aoife Shannon, Brian Shannon & Evelyn Markey (Promoter).

EUCCHARISTIC ADORATION. Adorers still needed. If you can spare an hour in your week, please contact the Parish Office for details.

ANTIQUES SALE. A big THANK YOU to all who made the antiques sale such a wonderful and successful event: the organizing committee, those who volunteered on the day, and all those who came along and supported the sale. Special thanks to the parishioner who so generously donated the pieces for sale. The amazing total of £1,915.30 was raised, for parish funds.

DOWN AND CONNOR LOURDES PILGRIMAGE 2023. 11-17 July; 12-17 July & Youth Team, 11-17 July. Volunteer registered nurses sought. Contact the Pilgrimage Office: lourdes@downandconnor.org /90770162.

NEWINGTON DAY CENTRE. Reminder of the annual Lenten campaign, with a target of £6,000. Please leave your donation into the Parish Office, or the Day Centre, 31-35 Atlantic Avenue. Cheques are payable to Newington Day Centre.

LEGION OF MARY ACIES CEREMONY. Monday 27th March, in St Mary's Chapel Lane. Legion prayers begin at 6.30pm, followed by Mass at 7pm.

HOLY LAND CHRISTMAS 2023 Ex Dublin, with full day in Bethlehem on Christmas Day. Contact 061921470 or jamesreacyphotography@gmail.com.

ST. VINCENT DE PAUL. For assistance, please telephone 02890351561.



PRAYER TO ST JOSEPH

by Pope Francis

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

For more information and resources:
www.holy-familyparish.com

REST IN PEACE

Recently deceased: Maura Gillen & Christine Huddleston

Month's Mind: Sinead Savage

Anniversaries: Thomas O'Boyle, Rosie Donnelly (1st), Winnie McArdle, Kathleen Rea, Charles Weldon, James & Ellen McGarrity, Maura Moreland, Mildred Jordan (1st), Mary Lagan (1st), Matthew McLarnon, Dominic Loonam, Elizabeth Bradley, James Byrne & Ellen Conlan

Eternal rest grant unto them, O Lord!

MASS INTENTIONS

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| Mon 20: | Matthew McLarnon |
| Tue 21: | Dominic Loonam |
| Wed 22: | Priest's intention |
| Thu 23: | Elizabeth Bradley |
| Fri 24: | James Byrne |
| Sat 25 (10am): | Tony McBride MM |
| Sat 25 (6pm): | Robert Fryers |
| Sun 26 (9am): | Frank Murray & Michael Baker |
| Sun 26 (10.30am): | Jane Walls (1st) |
| Sun 26 (12Noon): | Gretta Hannon (1st) |