



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Mon 29: Mary Mother of the Church
Wed 31: The Visitation of the Blessed Virgin Mary, Feast
Thu 1: St. Justin, Bishop & Martyr
Sat 3: St. Kevin, Abbot



"Most blessed are you among women, and blessed is the fruit of your womb."

- St Elizabeth to the Blessed Virgin Mary (Lk 1:42)

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP, Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

Website & Webcam: www.holy-familyparish.com

PENTECOST

28 May 2023 ❖ Readings: A (I) ❖ Psalter: Week 4

PRAYER TO THE HOLY SPIRIT

by Cardinal Mercier (1851-1926)

"I am going to reveal to you the secret of sanctity and happiness. Every day for five minutes control your imagination and close your eyes to all the noises of the world in order to enter into yourself. Then, in the sanctuary of your baptized soul (which is the temple of the Holy Spirit) speak to that Divine Spirit, saying to Him:

O Holy Spirit, beloved of my soul, I adore You.

Enlighten me, guide me, strengthen me, console me.

Tell me what I should do; give me Your orders.

I promise to submit myself to all that You desire of me

and to accept all that You permit to happen to me.

Let me only know Your Will.



If you do this, your life will flow along happily, serenely, and full of consolation, even in the midst of trials. Grace will be proportioned to the trial, giving you the strength to carry it and you will arrive at the Gate of Paradise, laden with merit. This submission to the Holy Spirit is the secret of sanctity."

PATHWAYS TO THE FUTURE

This weekend we celebrate the great feast of Pentecost, when the Holy Spirit came down upon the apostles. In an instant a group of frightened disciples were empowered to go out and proclaim God's amazing dream for the world - the Good News of Jesus Christ! When we read about Pentecost and the birth of the Church in the Acts of the Apostles, we find inspiration for where we are as a Church here in Ireland today. We know that we have come to a fork in the road. We can't keep going the way we were, we have to head out on a new pathway. In Down & Connor the Pathways to the Future project is charting the next steps on this journey. We have to be realistic - change is inevitable. There will be new ways of working in our parishes and communities. But this isn't something to be afraid of. God still has a dream for our Church. He wants us to be filled with the Spirit and willing to go out and share the Gospel with others. He wants us to be generous, loving and inclusive, welcoming everyone into his family. And he wants us to be confident that each of us - lay women and men, clergy and religious - has a part to play in renewing our parishes, the diocese and building up the Kingdom of God.



To find out more we encourage you to read Bishop Donal McKeown's Pastoral Letter available on the *Latest News* section of the parish webpage or see visit www.downandconnor.org or www.pathwaystothefuture.org

Pathways to the Future Prayer

God of Love, You are with us in every transition and change. As we enter into this new era with excitement and even some anxiety, we recall your deep compassion, presence, and abounding love. We thank you for the gifts, talents and skills with which you have blessed us. We thank you for the work of others that gives breadth and depth to our own work. Be with us as we move forward, rejoicing with you and supporting one another. We ask this in your Holy Name. AMEN.



PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 21 May amounted to £2,201.33, and the collection for Diocesan student priests was £984.20. Thank you for your continued generosity and support.

PARISH 100 CLUB. Week 18 winners: Aideen McParland, Conor Mackey, Mrs Fullerton, Eilish Conway & Pauline Moreland (Promoter).

PARISH OFFICE Will be open on Mon 29th May, but closed Thursday 01 June.

DIOCESAN SAFEGUARDING REVIEW. To be carried out 06—09 June. Parishioners around the diocese are invited to give their views, and more information is available in the Latest News section of our parish website.

TROCAIRE. Thanks to Holy Family Parish for an additional donation of £1,214.45, as part of this year's Lenten campaign.

LIVING CHURCH JOB VACANCY. Assistant Director, full time, £34k—£39k. Details at www.downandconnor.org or nijobs.com. Closing date 08 June at noon.

CEMETERY SUNDAY. Hannahstown Cemetery TODAY at 3pm.

FIRST SATURDAY DEVOTIONS. Holy Family Church on 03 June. 10am Adoration of the Blessed Sacrament, Confession and Act of Consecration. 11am Mass.

ALL IRELAND ROSARY RALLY IN KNOCK. Sat 03 June. Coach leaving Kennedy Centre at 8.15am, returning 5pm. To book, contact 07592280522.

HOLY FAMILY CONFERENCE OF ST. VINCENT DE PAUL Urgently requires volunteers. If you can help with this rewarding work, please contact the Parish Office.

CLONARD SOLEMN NOVENA TO OUR MOTHER OF PERPETUAL HELP

Wednesday 14 June - Thursday 22 June. The theme of the Novena is "Towards a New Vision of Church". The Novena is a wonderful festival of faith for all, and an opportunity to renew our faith. We pray with Mary, and give thanks for God's outpouring of abundant graces and love.



MASS INTENTIONS

Mon 29: Maureen McFarlane (1st)
Tue 30: Gemma, Tony & Jimmy McNally
Wed 31: Frances McAleese MM
Thu 01: Rose & Hugh Dowd
Fri 02: Priest's intention
Sat 03 (10am): Priest's intention
Sat 03 (6pm): John Shortt
Sun 04 (9am): Priest's intention
Sun 04 (10.30am): Teresa Murphy (1st)
Sun 04 (12Noon): Bernard Rooney MM



For more information and resources:
www.holy-familyparish.com

REST IN PEACE



Recently deceased: Sheila Devenny, Moya Fergus & Ciaran Campbell **Month's Mind:** Maureen O'Connor, Margaret Magill, Mary Gowdy & Frances McAleese
Anniversaries: Michael McBride, Gerard Walsh, Angela Murphy, Mick McAleer, James McArdle, Tommy McLaughlin, Dan Hand, Stella Lunnon, Maureen McFarlane (1st), Gemma, Tony & Jimmy McNally, Rose & Hugh Dowd

Eternal rest grant unto them, O Lord!