

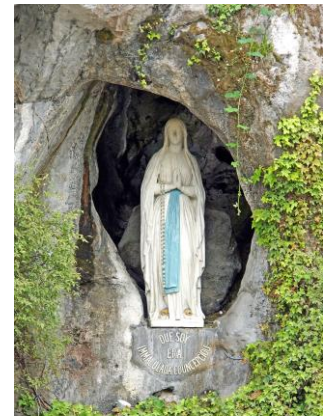
11th Feb. Our Lady of Lourdes (World Day of the Sick)

A PRAYER FOR THE SICK

Ever-Present and Faithful God, I trust in You for Your protection and comfort in this time of illness and uncertainty in my life. Come to ease the fears and anxieties that trouble my heart and spirit as I wait for answers and help from all who are caring for me. Please continue to guide their knowledge and skills and bless the work of their minds and hands as they serve as instruments of Your healing presence for me. Help me rest assured that You will hold me close in Your healing and caring embrace in all that may happen in the time to come. Give me strength, peace, and courage as I trust and give myself into Your loving care. Amen.

A CARER'S PRAYER

Oh God! You have asked me to care for others.
Please give me the tools to do the job;
the feet to walk with,
the hands to help with,
the eyes to see You in the ones I care for.
And when I am down and low,
please ask Your Mother to give me a hand. Amen.



PRAYER OF ST. JOHN XXIII

Every day I need you, Lord, but today especially,
I need some extra strength to face whatever is to come.
This day, more than any other day, I need to feel you near me to strengthen my Courage
and to overcome any fear.
By myself I cannot meet the challenge of the hour.
We are frail human creatures and we need a Higher Power to sustain us in all that life
may bring.
And so, dear Lord, hold my trembling hand.

Be with me, Lord, this day and stretch out your powerful arm to help me.
May your love be upon me as I place all my hope in you. Amen.