



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am
St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm
St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm
St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)
Novena to Our Mother of Perpetual Help: Wed 9:15am Mass
Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook
Rosary: 20mins before Mass Wednesday & Saturday
First Saturday: 10am (Holy Family)
Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Tue 25: St James, Apostle
Wed 26: Ss Joachim and Anne, parents of the BVM
Sat 29: Ss Martha, Mary and Lazarus

"See how a person is justified by works and not by faith alone."

- St James the Great (died 44AD)



CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP, Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240
Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com

16th Sunday in Ordinary Time

23 July 2023 ❖ Readings: A (I) ❖ Psalter: Week 4

PRAYER FOR THE THIRD WORLD DAY FOR GRANDPARENTS AND THE ELDERLY 2023

Virgin Mary, Mother of faith and hope, an example for this humanity bent by indifference, make me as willing as You to accept the will of God, to magnify and praise His Mercy. Mary, Mother of fortitude, you who knows my heart, do not allow me to become discouraged. I confidently surrender my life into your hands. Heal my wounds. May your tenderness accompany me on the way. Your presence, Mother of love, brings us to experience the joy of seeing our families united. Help me to transmit the tenderness and Love of God to the grandchildren and youth so that, in addition to praying for them, we can pray with them. Mary, may the gift of the Holy Spirit intercede for me: sustain my weakness; breathe into my heart the consolation that I may leave traces of faith among the young, bearing witness to the beauty of life, knowing that life has a limit and that beyond it lies before us our Father's embrace. Amen.



"God wants young people to bring joy to the hearts of the elderly, as Mary did to Elizabeth, and gain wisdom from their experiences."
- Pope Francis



Message for the World Day for Grandparents and the Elderly 2023



www.catholicgrandparentsassociation.org

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 16 July amounted to £1868.37, and the collection for Diocesan Pastoral Services was £1152.81. Thank you for your continued generosity and support.

PARISH 100 CLUB. Week 26 winners: Dominican Sisters, E McIlroy, Evelyn Markey, Anne Loughran & Anne Cromie (Promoter)

WORLD DAY FOR GRANDPARENTS AND THE ELDERLY is celebrated today – the Sunday closest to the Feast of Saints Joachim and Anne, Grandparents of Jesus (26 July). The theme chosen by Pope Francis for this year's celebration is: **"His mercy is from age to age" (Luke 1:50)**. More information is available at: www.catholicgrandparentsassociation.org.

SPIRITANS APPEAL. Fr Brendan Carr and Fr Manuel Giolla, members of the Spiritans congregation, are with us this weekend. The Spiritans work in over 60 countries, in 6 continents, serving the poor and vulnerable, and will appreciate any support we can offer. Envelopes will be provided at all the Masses.



DROMANTINE RETREAT CENTRE. "Stop Missing Your Life", 01—03 Sept, cost £235. As we move into a post-pandemic world, many are reporting symptoms of numbness, frustration and exhaustion. This compassionate and optimistic workshop will transform the way we manage stress, helping us to learn habits that promote resilience. Contact 02830821964 or admin@dromantineconference.com

LEGION OF MARY YOUNG ADULT CONFERENCE. 19th & 20th August. All Hallows campus, DCU, Dublin. deusetpatria@gmail.com or call 085 144 2423

WORLD YOUTH DAY, 06 AUGUST. Archbishop Eamon Martin will celebrate Mass at Slane on August 6th. All welcome. E: hillofslaneaugust6@gmail.com

SINGING FOR BOYS 2023. 14-18 August, in St. Dominic's Grammar School, Falls Road. Contact James McConnell at schola@downandconnor.org.

RADIO MARIA IRELAND an Irish-run Catholic Talk-Radio Station continues to grow with commercial free broadcasting - Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies! See our *Latest News* section online for more details.

SVDP TRIP TO KNOCK. 9-10 September 2023. Bed, Breakfast, Lunch & Dinner. £120. Limited places. Contact: Tom 07747076681.

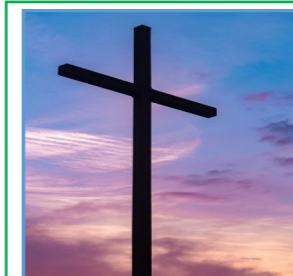
MASS INTENTIONS

Sat 22 (6pm): Andrew Foster MM
Sun 23 (9am): Priest's intention
Sun 23 (10.30am): Priest's intention
Sun 23 (12Noon): Eugene McGahan & John Masterson
Mon 24: Priest's intention
Tue 25: Edward Bradley
Wed 26: Priest's intention
Thu 27: Priest's intention
Fri 28: Priest's intention
Sat 29 (10am): Priest's intention



For more information and resources:
www.holy-familyparish.com

REST IN PEACE



Month's Mind: Andrew Foster
Anniversaries: Eugene McGahan & John Masterson, Edward Bradley, Johnny & Mary Quinn, Owen A. & Una Gallagher

Eternal rest grant unto them, O Lord!