



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am
St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm
St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm
St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)
Novena to Our Mother of Perpetual Help: Wed 9:15am Mass
Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook
Rosary: 20mins before Mass Wednesday & Saturday
First Saturday: 10am (Holy Family)
Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Tue 8: St Dominic, Priest
Wed 9: St Teresa Benedicta of the Cross (Edith Stein),
Virgin, Martyr, Patron of Europe, Feast
Thu 10: St Lawrence, Deacon, Martyr, Feast
Fri 11: St Clare, Virgin



"Anyone who seeks the truth seeks God, whether or not he realizes it." -St Teresa Benedicta of the Cross (1891-1942)

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. Robert Sloan CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240
Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com

Transfiguration of the Lord

6 August 2023 ❖ Readings: A (I) ❖ Psalter: Week 2

Pope Francis says:

Transfigured on Mount Tabor, Jesus wanted to show his disciples his glory, not for them to circumvent the Cross, but to show where the Cross leads. Those who die with Jesus, shall rise again with Jesus. The Cross is the door to Resurrection. Whoever struggles alongside him will triumph with him. This is the message of hope contained in Jesus' Cross, urging us to be strong in our existence. The Christian Cross is not the furnishings of a house or adornments to wear but rather, the Christian Cross is a call to the love with which Jesus sacrificed himself to save humanity from evil and sin ...Jesus on the Cross: this is the symbol of Christian Faith, the emblem of Jesus, who died and rose for us. (*Sunday Angelus, 12.03.17*)



Beloved Disciples

Spirituality for the
Autumn of Life

Why not take some time this September to join us for the Beloved Disciples Programme which explores and celebrates the gifts that older people bring to our Church community. It reminds us that there is no such thing as retirement from the Kingdom of God and that we are called to discipleship at every age in our lives. The programme, designed for the over 60's runs for 4 weeks. Over a cup of tea/coffee there will be opportunities for talking and listening and sharing what our faith means to us as we continue our journey seeking to grow in the love of Christ and others.

The four-week programme will begin on Wednesday 6th September at 10.15am in Holy Family Church, and will conclude on Wednesday 27th September. Each session will be approximately one hour long and will be facilitated by Fr Paul Byrne from the Living Church Office. We look forward to welcoming you!

Please contact the Parish Office to book your place.

"Old age is where wisdom is woven, which in turn illuminates the lives of younger generations and the entire community." - Pope Francis

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 29 July was £2,105.11. Thanks for your generosity. Just a reminder that donations to the parish can be made via the Donate button on our parish website.

PARISH 100 CLUB. Week 28 winners: John Mooney, Pauline Moreland, Maeve Loughran, Mrs Rolston & Philomena Donaldson (Promoter)

CHILDREN'S LITURGY. Whilst Children's Liturgy is suspended over the summer, worksheets are still available in both churches.

LISBREEN APOSTOLIC GROUP would like to thank the parishioners of Holy Family for their exceptionally generous response to our annual church door collection. Despite the demands on people's finances at present, this was an exceptional response. £2,865 will go a long way in helping our missionaries in their work. A heartfelt thank you from all of us.

UNLOCKING THE MYSTERY OF THE BIBLE. 8-week online programme, starting Monday 18th Sept, concluding with a Retreat Day at Holy Rosary Parish Centre on Saturday 18th Nov. Facilitators: Aishling Steen & Fr Paul Byrne
Contact livingchurch@downandconnor.org or tel: 02890690920.

SVDP TRIP TO KNOCK. 9-10 September 2023. Bed, breakfast, lunch & dinner. £120. Limited places. Contact Tom on 07747076681.

RCIA (THE RITE OF CHRISTIAN INITIATION FOR ADULTS) is a process to introduce the teachings of Jesus Christ in the Catholic Church, to individuals who wish to learn more. RCIA are currently looking for new members to assist in this year's programme. No particular skills or training required. Call or text 07761014607 or email rcia@downandconnor.org.

MARRIAGE ENRICHMENT WEEKEND. 03 - 05 November, at the Cork International Hotel. To book: www.marriageencounter.ie or 00353872162436.

THE ASSUMPTION OF THE BLESSED VIRGIN MARY

Mass Times for Holy Day of Obligation

Monday 14th August 7pm (Vigil) St. Thérèse
Tuesday 15th August 9.15am Holy Family; 10.00am St Thérèse

MASS INTENTIONS

Sat 5 (6pm): Michael Cassidy MM
Sun 6 (9am): Liam Torrens
Sun 6 (10.30am): Mary (20th) & Tony McGlinchey
Sun 6 (12Noon): Jean Farry MM
Mon 7: V.S. Poulouse
Tue 8: Noreen & Jack Killeen
Wed 9: Priest's Intention
Thu 10: Sean McCleave (1st)
Fri 11: John Murphy (25th)
Sat 12 (10am): Peggy Connelly (10th)



For more information and resources:
www.holy-familyparish.com

REST IN PEACE



Recently deceased: Frank Burns, Eugene Rogan & Lorcan Mullan
Months Mind: Michael Cassidy & Jean Farry
Anniversaries: Mary (20th) & Tony McGlinchey, Liam Torrens, V.S. Poulouse, Noreen & Jack Killeen, Sean McCleave (1st), John Murphy (25th), Mary Haughey, Hayes Deceased Family Members, Mary Hart, Hugh Johnson, Bernie McCormack, Robert Wilson, Patrick & Johnny Boden
Eternal rest grant unto them, O Lord!