



# Holy Family Parish

*A praying, caring community, centred in Christ*

**A member of the North Belfast Pastoral Community:  
comprising the parishes of Holy Cross, Holy Family,  
Sacred Heart, St Patrick's & St Vincent de Paul**

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

## SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

## BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

## DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)

**Novena to Our Mother of Perpetual Help:** Wed 9:15am Mass

**Pilgrim Prayer:** Tuesday 8pm on Parish Facebook page

**Rosary:** 20mins before Mass Wednesday & Saturday

**First Saturday:** 10am (Holy Family)

## SAINTS OF THE WEEK

Tue 1: St Celsus (Celleach) of Armagh  
Wed 2: St Francis of Paola  
Fri 4: St Isidore  
Sat 5: St Vincent Ferrer

*"Once humility is acquired, charity will come to life; a burning flame that fills the heart so full that there is no place for vanity."*

St Vincent Ferrer



## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP,  
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

**Parish Telephone (Office hours):** 90743119

**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

**Address:** 226-228 Limestone Road, Belfast BT15 3AP

**Emergency Sick Calls only (24hrs):** 07928968773 (new)

**Society of St Vincent de Paul (Helpline):** 028 90351561

**Email:** holyfamily@downandconnor.org

**Website & Webcam:** www.holy-familyparish.com

## 4<sup>TH</sup> SUNDAY OF LENT

30<sup>th</sup> March 2025 ♦ Readings: C (I)

Psalter: Week IV



## JUBILEE 2025 The Season of Lent

### PARISH LENTEN DEVOTIONS

**Early Morning Mass:** Monday - Friday at 7.15am in Holy Family

**Morning Prayer:** 20 mins before Masses, Mon-Sat (i.e. 8.55am/9.40am)

**Stations of the Cross:** In St Thérèse after 10am Mass on Fridays  
& in Holy Family Church on Fridays at 7pm.

**Guided Holy Hour:** Thursday 3<sup>rd</sup> April in Holy Family Church, 7pm- 8pm  
(eve of First Friday).

**TRÓCAIRE** Trócaire boxes are available to collect from both churches.

### LENTEN COURSES

We invite you to join us for our parish Lenten programmes.



**CATHOLICISM:** A Lenten course exploring the riches of our Catholic faith. In Holy Family Church on the Wednesday evenings of Lent, 7pm-8.30pm, All Welcome.

**WALKING IN THE STEPS OF JESUS THIS LENT.** A 6 week Lenten journey inspired by the Sunday gospels, and the lives of the Irish saints, whose lives remind us that holiness is lived in simple, everyday choices. Held in Holy Family Church on the Wednesdays of Lent at 10.15am. It may also be helpful for families and individuals to use at home, and can be accessed on the parish website (Prayer Resources), or on the Diocesan website.

## MOTHERING SUNDAY

This Sunday, we celebrate and give thanks for the blessings of motherly love. To mark this special day, the Hospitality and Welcome Ministry have produced prayer cards which will be distributed after Mass. The card features the picture commonly known as the 'Madonna of the Streets' or 'Madonna of the Rest'. The original painting, created in the 1890s, was actually a portrait of an 11 year old Italian girl and her baby brother. The artist Roberto Feruzzi noticed them on the streets of Venice and was moved by how the girl held her little brother with such care and maternal gentleness, sheltering him and protecting him like a mother. He entitled the painting, "La Madonnina" ("Little Mother") and although it was not originally intended to be a religious painting, people made the connection with Our Lady right away. Today the image is widely recognized and loved as a portrayal of the Virgin Mary tenderly holding her infant son.



## CELEBRATING THE CENTENARY OF THE CANONISATION OF ST THÉRÈSE

**Describing all mothers, St Thérèse wrote:**

*'The loveliest masterpiece of the heart of  
God is the heart of a mother.'*

St Thérèse of Lisieux pray for us.



## PARISH NEWS & EVENTS

**SINCERE APOLOGIES.** For the internet problems experienced this week, affecting the office telephone, webcam and parish website. These are issues beyond our control. Thank you for your patience and understanding, as we work with our providers to restore service.

**WEEKLY OFFERING.** The weekly collection on Sunday 23<sup>rd</sup> March came to £2,371.02. Thank you for your continued generosity and support. Collection offerings can be made by standing order, or via the Donate button on the website. Apologies that the contactless donation terminals in both churches are temporarily out of order. This will be remedied as soon as possible. **Boxes of envelopes for the new financial year are being distributed at present. NB some households may not have the same envelope number as before.**

**PARISH 100 CLUB: 3 WEEKS TO GO.** The 2025/2026 draw starts 17<sup>th</sup> April. We hope you will continue to support us. Please keep an eye on the bulletin for details. **If you have a standing order with the bank for the draw, please contact the parish office.**

**EUCCHARISTIC ADORATION.** Adorer needed please for Fridays 11am - 12noon. Please contact the parish office.

**FIRST SATURDAY DEVOTIONS.** In Holy Family Church on 5<sup>th</sup> April. 10am Adoration of the Blessed Sacrament, Confession and Act of Consecration. Mass at 11am.

**FIRST CONFESSION.** Congratulations to the children from our local primary schools, who celebrated the sacrament of Reconciliation for the first time this past week.

**BELFAST JESUIT CENTRE: FAITH & FILM.** *Of Gods and Men* on Monday 7<sup>th</sup> April at 7pm, at BJC, 193-195 Donegall St, the story of a group of Trappist monks, who must confront their faith, humanity and courage amidst growing threats of violence. Also showing *Even the Rain* on Monday 14<sup>th</sup> April, a stirring drama set in Bolivia, that intertwines the struggles of indigenous peoples and the fight for justice. bjc@jesuit.ie or 077955282371.

**PILGRIMAGE TO KNOCK.** Sunday 6<sup>th</sup> April, organised by the National Apostolate for Eucharistic Adoration. Bus details at [www.eucharisticadoration.ie](http://www.eucharisticadoration.ie).

**'SING FOR JOY!'** A free day of music and ministry for those aged 18-35, involved in church music in parish, school, university etc. Sat. 26<sup>th</sup> April at Lough Derg. For further details, contact [info@knightsofstcolumbanusomagh.co.uk](mailto:info@knightsofstcolumbanusomagh.co.uk) / 00447759496677.

**CAPPELLA CAECILIANA'S WORLDS OF LIGHT.** In Clonard Monastery on Sunday 6<sup>th</sup> April at 5.30pm. Tickets £20 at [www.caeciliana.org/Clonard/Matchetts](http://www.caeciliana.org/Clonard/Matchetts). Students & under 25s are free.

**ST MALACHY'S COLLEGE SPRING CONCERT.** Tuesday 8<sup>th</sup> April at 7.30pm in the College Hall. Admission Free. A retiring collection will be taken up.

**ST. GEORGE'S SINGERS: Mozart Requiem.** In St Peter's Cathedral on Wednesday 9<sup>th</sup> April at 7.45pm. Tickets £25 (£15 conc.), at the door or e: [contactstgeorges@gmail.com](mailto:contactstgeorges@gmail.com).

## MASS INTENTIONS

Sat 29 (6pm):	Colette McHenry MM
Sun 30 (9am):	Priest's Intention
Sun 30 (10.30am):	Peter Mackey
Sun 30 (12Noon):	Deceased members of the Cleary Family
Mon 31:	Priest's Intention
Tue 1:	Priest's Intention
Wed 2:	Priest's Intention
Thurs 3:	Priest's Intention
Fri 4:	Clare McCaughey
Sat 5:	Priest's Intention



**For more information and resources:**  
[www.holy-familyparish.com](http://www.holy-familyparish.com)

## REST IN PEACE

**Recently Deceased:** Malachy Heatley  
**Month's Mind:** Colette McHenry  
**Anniversaries:** Peter Mackey, Clare McCaughey, Norman O'Connor, Gerald & Betty Cleary, Eugene, Mark & Louise Cleary, Mary Begley, Pat O'Neill, Joe O'Connor, Frank Murray, Michael Baker, Edward Comerion

*Eternal rest grant unto them, O Lord!*

