



# Holy Family Parish

*A praying, caring community, centred in Christ*

**A member of the North Belfast Pastoral Community:**  
comprising the parishes of Holy Cross, Holy Family,  
Sacred Heart, St Patrick's & St Vincent de Paul

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am  
St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday  
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

### SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm  
St Thérèse of Lisieux Church: Saturday after 10am Mass

### BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm  
St Thérèse of Lisieux Church: Sundays at 1pm

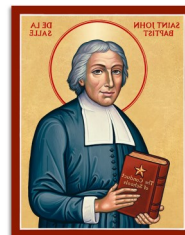
### DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)  
**Novena to Our Mother of Perpetual Help:** Wed 9:15am Mass  
**Pilgrim Prayer:** Tuesday 8pm on Parish Facebook page  
**Rosary:** 20mins before Mass Wednesday & Saturday  
**First Saturday:** 10am (Holy Family)

## SAINTS OF THE WEEK

Mon 7: St John Baptist de la Salle  
Fri 11: St Stanislaus

St John Baptist de la Salle devoted his life to the care and education of poor children, and to the training of teachers. He formed his companions into the Brothers of the Christian Schools. He is patron of teachers.

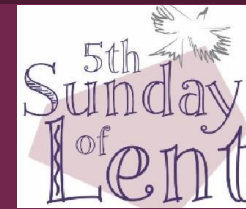


## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP,  
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd  
**Parish Telephone (Office hours):** 90743119  
**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm  
**Address:** 226-228 Limestone Road, Belfast BT15 3AP  
**Emergency Sick Calls only (24hrs):** 07928968773  
**Society of St Vincent de Paul (Helpline):** 028 90351561  
**Email:** holyfamily@downandconnor.org  
**Website & Webcam:** www.holy-familyparish.com

## 5<sup>TH</sup> SUNDAY OF LENT

6<sup>th</sup> April 2025 ❖ Readings: C (I)  
Psalter: Week I



### JUBILEE 2025 The Season of Lent

#### PARISH LENTEN DEVOTIONS

**Early Morning Mass:** Monday - Friday at 7.15am in Holy Family  
**Morning Prayer:** 20 mins before Masses, Mon-Sat (i.e. 8.55am/9.40am)  
**Stations of the Cross:** In St Thérèse after 10am Mass on Fridays  
& in Holy Family Church on Fridays at 7pm.  
**TRÓCAIRE** Trócaire boxes are available to collect from both churches.

#### LENTEN COURSES

We invite you to join us for our parish Lenten programmes.



**CATHOLICISM:** A Lenten course exploring the riches of our Catholic faith. The remaining sessions will be held on Wednesday 9<sup>th</sup> & Wednesday 16<sup>th</sup> April, in Holy Family Church 7pm-8.30pm, All Welcome.

**WALKING IN THE STEPS OF JESUS THIS LENT.** The final session of our 6 week Lenten journey, which has been inspired by the Sunday gospels, and the lives of the Irish saints, whose lives remind us that holiness is lived in simple, everyday choices takes place in Holy Family Church on Wed. 9<sup>th</sup> April at 10.15am. It may also be helpful for families and individuals to use at home, and can be accessed on the parish website (Prayer Resources), or on the Diocesan website.

### PARISH PENITENTIAL SERVICE

The Parish Lenten Penitential Service will take place next Sunday, **Palm Sunday, 13<sup>th</sup> April at 4pm in Holy Family church.** A number of priests will be available for individual confession.

#### Penitential Services in our neighbouring parishes:

**St Gerard's:** Wed. 16th April at 7pm  
**Sacred Heart :** Wednesday 16th April at 7pm  
**Star of the Sea Whitehouse:** Mon 14th April at 7pm  
**Holy Cross:** to be confirmed



"Going to confession is about going to meet with our Father who pardons us, who forgives us and who rejoices." - Pope Francis



### CELEBRATING THE CENTENARY OF THE CANONISATION OF ST THÉRÈSE

In October 1997 Pope John Paul II declared St Thérèse a Doctor of the Church, the youngest of the thirty-three Saints called Doctors, and bestowed on only three women since the beginning of the Church. This is a very special title indicating the depth of spiritual knowledge of God, which is considered to be extraordinary, and could only be gained by revelations from on high of the Divine Truth.

*"Our Lord made me understand that the only true glory is that which lasts forever; and that to attain it, there is no necessity to do brilliant deeds, but rather to hide from the eyes of others, and even from oneself, so that the left hand knows not what the right hand is doing"*

St Thérèse of Lisieux pray for us.

## PARISH NEWS & EVENTS

**WEEKLY OFFERING.** The weekly collection on Sunday 30<sup>th</sup> March came to £2,606.81. Thank you for your continued generosity and support. The second collection this Sunday will be taken up after Communion, for the priests of our parish. Collection offerings can be made by standing order, or via the Donate button on the website. We are still working to resume service in the contactless terminals in both churches. **The boxes of envelopes for the new financial year have now all been distributed. Please contact the parish office if you have not received your box, or would like to request envelopes.**

**PARISH 100 CLUB: 2 WEEKS TO GO.** The 2025/2026 draw starts 17<sup>th</sup> April. We hope you will continue to support us, as we enter a new draw year. This year, there are 3 members prizes of £150 each.  
**NB PROMOTERS, PLEASE COLLECT YOUR CARDS FROM THE GATHERING SPACE ON MONDAY 7TH APRIL, 6PM-7PM.**

**EUCCHARISTIC ADORATION.** Adorer needed please for Fridays 11am - 12noon. Please contact the parish office.

**TRÓCAIRE LENTEN LUNCH.** The Developing World Group will be hosting the Trócaire Lenten lunch after the 6pm Vigil and 10.30am Masses next weekend. We thank you for your support for the La Paz community in Guatemala this Lent.

**FOOTWASHING ON HOLY THURSDAY.** If you would be willing to participate, please contact the parish office.

**CHRISM MASS.** Will be celebrated by Bishop Alan in St Peter's Cathedral on **Wednesday 16<sup>th</sup> April at 12noon.** All welcome.

**GO RAITH MAITH AGAIBH FROM CRAOBH NAOMH PÁDRAIG.** For your generosity to the annual Irish language collection on St Patrick's Day, raising a total of £501.

**"LIFE IN THE SPIRIT" SEMINARS.** In St Michael the Archangel parish, starting Sunday 27<sup>th</sup> April. See Latest News on the parish website for details.

**BELFAST JESUIT CENTRE: FAITH & FILM.** *Of Gods and Men* on Monday 7<sup>th</sup> April at 7pm, at BJC, 193-195 Donegall St. Also showing *Even the Rain* on Monday 14<sup>th</sup> April. Register at bjc@jesuit.ie or 077955282371.

**ASSISTED SUICIDE BILL** The date for the third reading and vote on the Assisted Suicide Bill in Westminster is looming. You are encouraged to write to your local MP, using the postcards available at Masses this weekend. Continued opposition from churches will make a big difference in helping defeat this dangerous Bill.

### MASS INTENTIONS

Sat 5 (6pm):	Bronagh Maguire (1st)
Sun 6 (9am):	Mary & Herbert Johnston
Sun 6 (10.30am):	Youth Mass
Sun 6 (12Noon):	Kitty Maguire
Mon 7:	Ann Rooney (1st)
Tue 8:	Priest's Intention
Wed 9 (7.15am)	Patrick Devine
Wed 9 (9.15am)	Patrick Amadi RIP
Wed 9 (7pm)	Sinead McHugh MM
Thurs 10:	Priest's Intention
Fri 4:	Priest's Intention
Sat 5:	Kay Rolston MM



For more information and resources:  
[www.holy-familyparish.com](http://www.holy-familyparish.com)



### REST IN PEACE

**Recently Deceased:** Kathleen Sheriff, Patrick Amadi  
**Month's Mind:** Sinead McHugh  
**Anniversaries:** Bronagh Maguire (1st), Mary & Herbert Johnston, Kitty Maguire, Patrick Devine, Brian Austin, Bridie Cassidy, Lily Moreland, Maura McNeill (1st), Marie Monaghan, Eileen Davey, George Cooley, Dessie Cormican, Ann Rooney (1st), Maisie McKenna, Dan & Meta McCool, Nora McSherry, Thérèse McGoldrick, Frankie McGoldrick

*Eternal rest grant unto them, O Lord!*