



# Holy Family Parish

*A praying, caring community, centred in Christ*

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am  
St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday  
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

### SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm  
St Thérèse of Lisieux Church: Saturday after 10am Mass

### BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

### DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)

**Novena to Our Mother of Perpetual Help:** Wed 9:15am Mass

**Pilgrim Prayer:** Tuesday 8pm on Parish Facebook page

**Rosary:** 20mins before Mass Wednesday & Saturday

**First Saturday:** 10am (Holy Family)

## SAINTS OF THE WEEK

Tue 20: St Sebastian  
Wed 21: St Agnes  
Thu 22: St Vincent  
Sat 24: St Francis de Sales



*"Have patience with all things, but chiefly have patience with yourself"*

*St Francis de Sales*

## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP,  
Rev. John O'Laverty CC & Rev. Deacon Brendan Dowd

**Parish Telephone (Office hours):** 90743119

**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm  
**Address:** 226-228 Limestone Road, Belfast BT15 3AP

**Emergency Sick Calls only (24hrs):** 07928968773  
**Society of St Vincent de Paul (Helpline):** 028 90351561

**Email:** [holyfamily@downandconnor.org](mailto:holyfamily@downandconnor.org)

**Website & Webcam:** [www.holy-familyparish.com](http://www.holy-familyparish.com)

## SECOND SUNDAY IN ORDINARY TIME

18 January 2026 ♦ Readings: A (II)

Psalter: Week II



### WEEK OF PRAYER FOR CHRISTIAN UNITY SUN. 18<sup>TH</sup> – SUN. 25<sup>TH</sup> JANUARY 2026

The forthcoming Week of Prayer for Christian Unity, from 18<sup>th</sup> to 25<sup>th</sup> January 2026, marks this annual occasion for prayer, reflection and dialogue on the journey towards that unity which Christ himself prayed (John 17:21-23), with the theme: '*There is one body and one Spirit, just as you were called to the one hope of your calling*' (Ephesians 4:4).

The concept of "one body" reflects the nature of the Church. Christianity transcends cultural and national boundaries, uniting believers worldwide in faith and hope.

By living in unity, we not only witness to the love and power of our Lord Jesus Christ, but also embody the essence of His teachings. As we support one another, and celebrate our diverse gifts and talents, we reflect the heart of Christ.

**Our parish will mark the week of prayer for Christian Unity with Taizé Prayer Around The Cross on Friday 30th January at 8.00pm, in Holy Family church.**



## Catholic Schools Week 2026

### SUNDAY 18<sup>TH</sup>—SATURDAY 24<sup>TH</sup> JANUARY

Catholic schools across Ireland will celebrate Catholic Schools Week 2026 under the theme '*Catholic Schools – Normal Lives, Called to Holiness*'

Each day of Catholic Schools Week 2026 will focus on a particular aspect of everyday holiness. **Monday will explore holiness through prayer**, helping children understand prayer as a living relationship with God. **Tuesday will focus on love and friendship**, inspired by Jesus' commandment to love one another. **Wednesday**, traditionally marked as Grandparents' Day, **will celebrate family life and the role of grandparents in handing on faith** across generations. **On Thursday**, schools will reflect on holiness through service and courage, highlighting examples of self-giving love and standing up for what is right. **The week will conclude on Friday with a focus on joy and mission**, encouraging pupils to see themselves as joyful witnesses to the Gospel in the world.

Our parish primary schools will mark Grandparents' Day on Wednesday 21<sup>st</sup>, as an opportunity to thank God for the blessings that grandparents bring. Holy Family PS will hold a service in Holy Family church at 11am, and St Thérèse PS will invite grandparents to visit their grandchildren in school.

**We thank the students of our local schools, who will lead us in the Offertory Procession at Masses this weekend, to mark the start of Catholic Schools Week.**

## PARISH NEWS & EVENTS

**WEEKLY OFFERING.** The weekly collection on Sunday 11<sup>th</sup> January came to £3,168.97. Thank you for your continued generosity and support. The second collection this Sunday will be taken up after Communion, for the Diocesan Faith & Pastoral Development Fund. For information on standing order and contactless methods of donation, please contact the parish office.

**PARISH 100 CLUB.** Week 40 winners: Susan Hughes, Mrs E. Mulvenna, M. McGowan & Pauline Moreland (Promoter).

**EUCARISTIC ADORATION.** Adorers needed for Wednesdays 11am—12noon & 12noon - 1pm; Fridays 2pm-3pm, Saturdays 3pm-4pm & Sundays 7pm –8pm. Please contact the parish office.

**ST BRIGID'S CROSSES.** You are warmly invited to Holy Family Gathering Space at 7pm on Sunday 25<sup>th</sup> January, to make St Brigid's Crosses. Help to keep this age old skill and tradition alive. Experience isn't necessary, as those with the 'know how' will willingly give a helping hand. Rushes will be provided, please bring a pair of scissors.

**THE DEVELOPING WORLD GROUP - TWEZIMBE CENTRE.** The Developing World Group will host coffee, tea and treats after Masses in Holy Family church next weekend, in aid of the Twezimbe Centre, Uganda. Your support will be much appreciated.

**BELFAST JESUIT CENTRE.** Visit Latest News to read the BJC January newsletter, containing ongoing and upcoming events, including Book Club, Faith & Film, Scripture Study & Lenten course. Subscribe to the newsletter at [www.belfastjesuitcentre.co.uk](http://www.belfastjesuitcentre.co.uk).

**BEGINNING EXPERIENCE.** Bereavement support in St Bride's Hall, Derryvolgie Ave. on 31 Jan, 28 Feb & 28 March. Book at T: 07519289185 or E: [belfastbe@yahoo.com](mailto:belfastbe@yahoo.com).

**4 CORNERS FESTIVAL.** 31<sup>st</sup> Jan - 8<sup>th</sup> Feb. This year's theme is JOURNEY— exploring the paths we've walked, the people we've met, and the moments that have transformed us. Visit [www.4cornersfestival.com](http://www.4cornersfestival.com), for a list of events.

**THE WAY.** Is a new digital platform set up by the Irish Bishops Conference, dedicated to sharing the 'Good News', and the witness of the Catholic Church in Ireland. It is intended to help people discover the faith, live the faith, and pass on the faith. <https://TheWay.ie>

**RADIO MARIA IRELAND.** An Irish-run Catholic Talk-Radio Station continues to grow with commercial free broadcasting - Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies! [Www.radiomaria.ie](http://Www.radiomaria.ie) or T: 00353114373277

**SAFEGUARDING.** Please note that, in the interests of safeguarding, it is important that children are accompanied at all times, when in our church buildings.

### MASS INTENTIONS

Sat 17 (6pm):	Colette McHenry (1 <sup>st</sup> )
Sun 18 (9am):	For the People of the Parish
Sun 18 (10.30am):	Brigid Butcher (20 <sup>th</sup> )
Sun 18 (12Noon):	Danny Marquess
Mon 19:	Jim Quinn (5 <sup>th</sup> )
Tue 20:	Fr James O'Kane (1 <sup>st</sup> )
Wed 21:	Thomas & Mary Scullion
Thurs 22:	Albert Mullan
Fri 23:	Laurence Flannery MM
Sat 24:	Davy McDowell



For more information and resources:  
[www.holy-familyparish.com](http://www.holy-familyparish.com)



## REST IN PEACE

**Recently Deceased:** Joe McIlvenny, Christina Mooney, May McAree, Gerard Donnelly (Wales)

**Month's Mind:** Laurence Flannery

**Anniversaries:** Colette McHenry (1<sup>st</sup>), Brigid Butcher (20<sup>th</sup>), Cathleen Cassidy, Danny Marquess, Jim Quinn (5<sup>th</sup>), Fr James O'Kane (1<sup>st</sup>), Thomas & Mary Scullion, Albert Mullan, Josephine McIvor (10<sup>th</sup>), George & Cassie McCullough, Margaret Wright, Roisin Anagnostides (née O'Neill), Sheila Duffy, Nuala Gallagher, Paddy Flood, Bridget Campbell Hamilton, Patrick & Bridget McCourt, Luke Salters, Mary Catney

*Eternal rest grant unto them, O Lord!*