



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

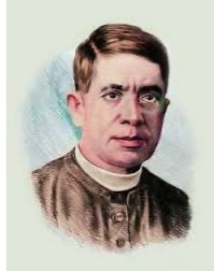
First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Mon 18: St John I, Pope and Martyr
Wed 20: St Bernadine of Siena
Thu 21: St Christopher Magallanes and Companions
Fri 22: St Rita of Cassia

At his martyrdom, St Christopher Magallanes declared: *"I am innocent and I die innocent. I forgive with all my heart those responsible for my death."*



CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP, Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

Website & Webcam: www.holy-familyparish.com



THE ASCENSION OF THE LORD

17TH MAY 2026

Readings: A (II)

Psalter: Week III

Christ is alive! We need to keep reminding ourselves of this, because we can risk seeing Jesus Christ simply as a fine model from the distant past, as a memory, as someone who saved us two thousand years ago. ... Alive, he can be present in your life at every moment ..."

(Pope Francis' letter to Young People and to the Entire People of God, 2019)

MASS FOR THE SICK OF OUR PARISH & CARERS

Mass with the Sacrament of the Sick and blessing of carers will take place in

Holy Family Church on Sunday 17th May at 3pm

Everyone is most welcome



MMM



MEDICAL MISSIONARIES of MARY

THE MEDICAL MISSIONARIES OF MARY. Sincere thanks from Sr Sheila Campbell for the warm welcome she received on her recent visit to the parish, as well as the generous financial support. Holy Family parish raised an amazing **£2,569.09** for the Medical Missionaries of Mary, for which Sr Sheila and her community are very grateful and which, they have acknowledged, will make a real difference to their work. Thank you for your generosity.

ANOTHER PRAYER BEFORE EXAMS

Dear Lord, be with us as we begin our exams, may all the work we have done bear fruit. Help us to be calm, to read the questions carefully, and keep an eye on the time. Grant us a clear mind, protect us from all anxiety. May we be considerate of others in the exam hall, and follow the instructions of those who are there to support us. Help us to remember that our exams are milestones on a longer journey, as we learn and grow into the kind of people you want us to be, who will make a difference in the world for the better, with our knowledge, our skills, and our generous hearts. Amen



PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 10th May came to £2,437.96. Thank you for your continued generosity and support. For information on standing order and contactless methods of donation, please contact the parish office.

PARISH 100 CLUB. Week 1 winners: S Gault, C McKeown, Mr & Mrs Konrad, and Mary Shannon (Promoter). Congratulations to all the winners.

DOWN & CONNOR DIOCESAN PILGRIMAGE TO LOUGH DERG. 19th—21st June, £100 incl. transport & island admission. Contact Claire at 02890690920, or email pathwaytothefuture@downandconnor.org. Also visit www.loughderg, for details of the 1 & 3 day retreats in the 2026 pilgrimage season.

FIRST HOLY COMMUNION. Congratulations to the P4 children who received the sacrament of First Holy Communion this week, and to those children who will receive in the coming weeks.



EUCCHARISTIC HEALING AND BLESSING SERVICE. In St Matthew's church, Newtownards Road, on Thursday 21st May at 7pm.

SUMMER SINGING COURSE. In St Peter's Cathedral, 6th-10th July, for those aged 8-16. For information, email cathedralmusic@downandconnor.org.

LET GO, LET GOD (Surrender to Jesus). One day retreat in Tobar Mhuire Retreat Centre, Crossgar, Saturday 6th June, 10am—4pm, price £30. Phone 02844830242, to book.

BLESSING OF THE GRAVES. In City Cemetery TODAY Sunday 17th May at 3pm.

IGNITE IRELAND. Saturday 23rd May in the Convention Centre, Dublin. Guest speaker Scott Hahn. Visit www.dominicans.ie for information, and to book.

FR. MIKE SCHMITZ'S PARABLES TOUR. US priest Fr. Mike Schmitz's Parables Tour will be coming to Dublin on 20 July. Fr Mike is the well-known digital evangeliser who uses his platform *Ascension Presents* to spread the Gospel. Book at ticketmaster.ie.

ANNUAL PARISH CENSUS 2026. A count of attendance will take place at all parish Masses this weekend. The annual parish census captures valuable information about the numbers, ages, and gender of people attending Mass. This information helps the Diocese and parishes to identify pastoral priorities, make plans to address them, and provide support to our faith communities.



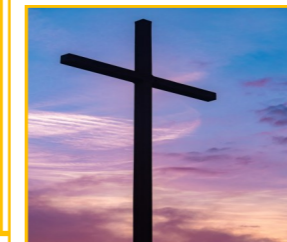
When you arrive at Mass, you will be given a small counter for yourself and for each person in your family group and will be asked to place the counters in baskets labelled according to age. There will be red counters for females and blue counters for males. The baskets will be labelled with age bands and the number of counters for each age band will be recorded after each Mass. Thank you for your patience. and co-operation.

REST IN PEACE

Recently deceased: Phyllis Lee, Oliver Agnew, Margaret Donnelly **Month's Mind:** Daniel Callaghan, George McFarlane, Liam Butcher, Maureen Magee

Anniversaries: Siobhan Bogues Caughey, Mairead Donnelly, Mary Service, Rita & Tommy Hill, Terry McDaid, Cecilia McAuley (1st), John Patrick Lagan. Paul Harding

Eternal rest grant unto them, O Lord!



For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Sat 16 (6pm):	For the People of the Parish
Sun 17 (9am):	Terry McDaid
Sun 17 (10.30am):	Rita & Tommy Hill
Sun 17 (12 Noon):	Cecilia McAuley (1st)
Mon 18 :	John Patrick Lagan
Tue 19:	George McFarlane MM
Wed 20:	Liam Butcher MM
Thu 21:	Special Intention
Thu 21 (7pm):	Maureen Magee MM
Fri 22:	Paul Harding
Sat 23 (10am):	Simon O'Grady & Gemma O'Grady Nohilly

