



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Sun 24: Pentecost, and Our Lady of China
Mon 25: Bl Virgin Mary, Mother of the Church
Tue 26: St Philip Neri
Wed 27: St Augustine of Canterbury
Fri 29: St Paul VI, Pope



*"Let us aim for joy, rather than respectability."
St Philip Neri*

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

Website & Webcam: www.holy-familyparish.com



PENTECOST SUNDAY

24TH MAY 2026

Readings: A (II)

Psalter: Week IV

Filled with the Fire of Love

Let the fire of love be aflame in our hearts and in our lives.

Let the fire of joy be aflame in our hearts and in our lives.

Let the fire of peace be aflame in our hearts and in our lives.

Let the fire of patience be aflame in our hearts and in our lives.

Let the fire of kindness be aflame in our hearts and in our lives.

Let the fire of generosity be aflame in our hearts and in our lives.

Let the fire of faithfulness be aflame in our hearts and in our lives.

Let the fire of gentleness be aflame in our hearts and in our lives.

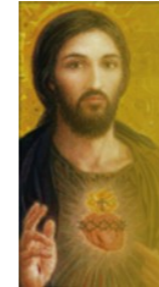
Let the fire of self-control be aflame in our hearts and in our lives.



ORDINARY TIME RESUMES THIS YEAR WITH WEEK 8, ON MONDAY 25TH MAY.

DOWN & CONNOR DIOCESAN NOVENA TO THE SACRED HEART 4TH-12TH JUNE 2026

It is with great joy as a diocese we celebrate the Novena to The Sacred Heart. The Sacred Heart Novena invites you to nine days of prayer, cumulating in the celebration of the Feast of the Sacred Heart. Come to Me. These words of Jesus are among the most tender in all of the Gospels. They are not a command but an invitation - offered freely, offered personally, offered to each one of us.



To set aside time each day for prayer is to say yes to that invitation.

It is a simple act, yet a profound one. In the busyness of our lives - with all their demands, their joys, and their anxieties - to pause and turn our hearts toward Jesus is itself a form of love.

The prayers will be available in a booklet you can pick up at Mass or read online; it will also include a piece of scripture and a reflection for each day for those who wish to go a little deeper. The images used in this year's Novena book are by students from our schools from across the diocese. Bishop Alan's hope is that this novena will be prayed either individually or together by parishes, groups, schools or families. Even young children can join in with the short prayers. Novena booklets will be available at Masses next weekend, and in the Prayer Resources section of the parish website.



Sincere thanks from Trócaire for your generosity to the Lenten Campaign 2026. Our parish raised an amazing **£12,613.83**. This figure does not even include donations made by parishioners directly to Trócaire. Thank you again.

EXAM PRAYER

Lord, help me to be able to pass this test, to run life's race and never give up, to do my best for me and for You. During this time of exams, set me free from fear, give me your peace. Help me to think clearly, to remember what I have learned, to use time well, and not to worry about the outcome, because I know my future is in your hands. Amen.

St. Carlo Acutis, pray for us.



ANNUAL FINANCIAL STATEMENT

For year ending 31st December 2025 will be presented at all Masses next weekend.

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 17th May came to £2,316.98, and the collection for Diocesan Students to the Priesthood was £1,231.65. Thank you for your continued generosity and support. For information on standing order and contactless methods of donation, please contact the parish office.

PARISH 100 CLUB. Week 2 winners: T. Sturgeon, C. Ni Dhonail, Mr & Mrs Leonard and A. Miskelly (Promoter). Congratulations to all the winners.

TAIZÉ PRAYER AROUND THE CROSS. You are warmly invited to Taizé Prayer Around The Cross on Friday 29th May from 8-9pm in Holy Family Church. Everyone is very welcome. Refreshments will be served afterwards in the Gathering Space.



DOWN & CONNOR DIOCESAN PILGRIMAGE TO LOUGH DERG. 19th-21st June, £100 incl. transport & island admission. Contact 02890690920, or E: pathwaytothefuture@downandconnor.org. For details of the 1 & 3 day retreats, visit www.loughderg.

BELFAST JESUIT CENTRE: FAITH & FILM. The Terrence Malick journey continues with The Tree of Life, a meditation on family, creation and loss. On Thursday 28th May at 7pm, followed by a short discussion. All welcome. Small donation suggested.

CAVEHILL COMMUNITY CHOIR invites you to an informal Summer Afternoon Concert in 2 Royal Avenue, on Sunday 31st May at 3 pm. Free Admission. Retiring collection in aid of The People's Kitchen.

ANNUAL PARISH CENSUS. Thank you for your co-operation in the census, and special thanks also to those volunteers who helped make it happen. The numbers attending Mass last weekend were as follows:-

HOLY FAMILY CHURCH

6pm Mass:174; 10.30am Mass:204, & 3pm Mass for the Sick:56

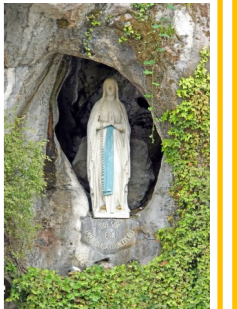
ST THÉRÈSE CHURCH

9am Mass:101 & Noon Mass:238



LOURDES YOUTH TEAM. A huge thank-you to all our parishioners for the outstanding support given to the young people, who will be part of the Diocesan Youth Team travelling to Lourdes in July. An amazing £2,903.52 was donated.

& THE ANNUAL DIOCESAN LOURDES ASSOCIATE PILGRIMS CHURCH DOOR COLLECTION will be taken up on the weekend of 13th & 14th June. Please join in the prayers of our annual pilgrimage, from home.



REST IN PEACE

Recently deceased: Margaret Donnelly, Oliver Agnew, Eileen McCormick, Brendan Loughran, Sheila Mercer

Month's Mind: Seán Quigley

Anniversaries: Sarah O'Kane, Ethna Megahey, Sally McGahan(1st), John Salters (10th), John McGrattan, John Shortt, Simon O'Grady, Gemma O'Grady Nohilly, Philomena Beagon (1st), Mary O'Rourke, Mathai Joseph, Bernadette Price, Isaac Blackham, Joanne McCloskey

Eternal rest grant unto them, O Lord!



For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Sat 23 (6pm): John Shortt
Sun 24 (9am): For the People of the parish
Sun 24 (10.30am): Seán Quigley MM
Sun 24 (12 Noon): Philomena Beagon (1st)
Mon 25 : Priest's Intention
Tue 26: Mary O'Rourke
Wed 27: Special intention
Thu 28: Mathai Joseph
Fri 29: Bernadette Price
Sat 30 (10am): Carmel & Louis Quinn

