



# Holy Family Parish

*A praying, caring community, centred in Christ*

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

## SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

## BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

## DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)

**Pilgrim Prayer:** Tuesday 8pm on the Parish Facebook page

**Novena to Our Mother of Perpetual Help:** Wed 9:15am Mass

**First Saturday:** 10am (Holy Family)

**Taizé Prayer:** last Friday of the month 8-9pm (Holy Family)

## SAINTS OF THE WEEK

Mon 06:	St Maria Goretti and St Monnine
Tue 07:	St Maelruain
Wed 08:	St Kilian
Thu 09:	St Augustine Zhao Rong and companions, martyrs
Sat 11:	St Benedict, Co-Patron of Europe



"Let all guests who arrive be received as Christ."

The Rule of St Benedict

## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP, Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

**Parish Telephone (Office hours):** 90743119

**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

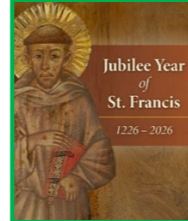
**Address:** 226-228 Limestone Road, Belfast BT15 3AP

**Emergency Sick Calls only (24hrs):** 07928968773

**Society of St Vincent de Paul (Helpline):** 028 90351561

**Email:** holyfamily@downandconnor.org

**Website & Webcam:** www.holy-familyparish.com



## 14<sup>TH</sup> SUNDAY IN ORDINARY TIME

5<sup>TH</sup> JULY 2026

Readings: A (II) Psalter: Week II



## PRAYER FOR ALL THE VOLUNTEERS IN OUR PARISH

Loving and faithful God, we give you thanks for the gift of our parish community, and for all those who serve it with generous hearts. For those who care for the elderly, sick and vulnerable, for those who walk with the bereaved in their sorrow, for those who support and accompany families, for those who offer welcome and hospitality to all who enter our doors, for all who offer their gifts and their time in any way in our parish.



We remember with gratitude those who serve quietly in the background, and those who are visible in ministries that lead and guide your people. Bless all who serve in our parish for their generosity, their time and their witness. Stir in others a willingness to offer their gifts, and inspire new hands and new voices to

join in our parish community, Together may we continue your work of compassion, welcome and faithful service. We pray also for our volunteers who have gone before us. May they rest in your peace and share in the joy of your kingdom. We ask this through Christ our Lord. Amen.

## THE YEAR OF ST FRANCIS

2026 marks the 800<sup>th</sup> anniversary of St Francis of Assisi's death in 1226. To mark this significant event, Pope Leo XIV has proclaimed this year as a special Jubilee Year - the Jubilee Year of Saint Francis of Assisi. It runs from January 10, 2026, to January 10, 2027.



This Year of St. Francis is both a historical commemoration and a spiritual invitation. It invites Christians to reflect on Francis' life, embrace his message of peace, humility, and fraternity, and deepen our own spiritual commitment through acts of mercy and reconciliation. As we reflect on the life and message of St. Francis over the next number of months, we will be encouraged to live out the values exemplified by this saint, fostering peace, care for creation, and fraternity among all people.

*St Francis of Assisi, pray for us*

## PARISH NEWS & EVENTS

**WEEKLY OFFERING.** The weekly collection on Sunday 28<sup>th</sup> June came to £2,436.75. Thank you for your continued generosity and support. The second collection this Sunday will be taken up after Communion, for the priests of the parish. For information on standing order and contactless methods of donation, contact the parish office.

**PARISH 100 CLUB.** Week 8 winners: Phil McKeever, Frances Dowds, Kevin Burke & Evelyn Markey (Promoter). Congratulations to all the winners.

**PARISH OFFICE.** Will be closed Monday 13<sup>th</sup>—Friday 17<sup>th</sup> July incl.

**ADORER NEEDED.** For Mondays 2pm—3pm. Please contact the Parish Office.

**LOUGH DERG THREE DAY PILGRIMAGE.** Runs until 15<sup>th</sup> August. Booking at info@loughderg.org, or 00353719861518. www.loughderg.org.



**THANKS FROM THE HOSPITALITY AND WELCOME GROUP.** Thank you to the parishioners who stay for tea after the 9.15am Mass on Wednesdays, and after the 10am Mass on Thursdays. Their generous contributions throughout the year have helped us achieve some of our projects, including the Mothers' and Fathers' Day prayer cards and small gifts, and the Christmas Prayer cards. We have been able to buy extra mugs, new table cloths and flasks, as well as provide our new volunteer badges. We really enjoy our cuppa mornings, and look forward to seeing everyone in September.

**KNOCK SHRINE NATIONAL GRANDPARENTS PILGRIMAGE.** Sunday 26<sup>th</sup> July. Anointing of the Sick at 2.30pm, Mass at 3pm. Chief celebrant Archbishop Eamon Martin. Join online at www.knockshrine.ie/watch.

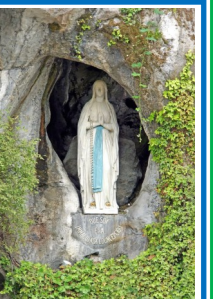
**AN EVENING WITH SAMUEL MUNAYER.** Belfast Jesuit Centre, 4<sup>th</sup> August, 7pm—9.30pm. Palestinian Christian theologian Samuel will explore how liberation theology emerges from the lived experience of Palestinian Christians. Registration essential. Visit <https://belfastjesuitcentre.co.uk/an-evening-with-samuel-munayer/>

**DOWN & CONNOR JOB VACANCY.** Youth Minister for Ballymena Parish, 35 hours pw. Visit [www.downandconnor.org](http://www.downandconnor.org) or the Community NI website. Closes 21 July at noon.

## 2026 DOWN AND CONNOR PILGRIMAGE TO LOURDES

As our pilgrims and our Youth Team travel to Lourdes next week, we wish them every blessing, and a safe journey. We join our prayers with theirs, and we remember especially those who are sick. The Grotto Mass can be viewed online at 7.30am Irish time, on Saturday 11<sup>th</sup> July. The rosary is prayed in English at the Grotto every day at 3pm, also available online. [https://directfromlourdes.com/lourdes\\_live\\_tv](https://directfromlourdes.com/lourdes_live_tv).

*Our Lady of Lourdes, and St Bernadette, pray for us*



## REST IN PEACE

**Month's Mind:** Billy Savage, Darren Gaynor  
**Anniversaries:** Niall Boden, Charlie McCartan, Mark Doherty, Eddie McHenry, Bridget McCaughey, Malachy Proctor, Pat Quail, Mary McGarrity, James McGarrity, Ellen McGarrity, Gerard McGarrity, N.U. Joseph  
*Eternal rest grant unto them, O Lord!*

## For more information and resources:

[www.holy-familyparish.com](http://www.holy-familyparish.com)

## MASS INTENTIONS

Sat 4 (6pm):	Special Intention
Sun 5 (9am):	For the People of the Parish
Sun 5 (10.30am):	Malachy Proctor
Sun 5 (12 Noon):	Pat Quail
Mon 6 :	Priest's Intention
Tue 7:	Priest's Intention
Wed 8:	Priest's Intention
Thu 9:	Priest's Intention
Fri 10:	Billy Savage MM
Sat 11 (10am):	Michael & Delia Gilfedder

