



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on the Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Sun 26: St Anna and St Joachim
Wed 29: St Martha, St Mary, and St Lazarus
Thu 30: St Peter Chrysologus
Fri 31: St Ignatius of Loyola
Sat 01: St Alphonsus Liguori

"Whoever unites their will to God's, experiences a continual peace."
St Alphonsus Liguori



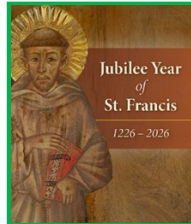
CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773
Society of St Vincent de Paul (Helpline): 028 90351561

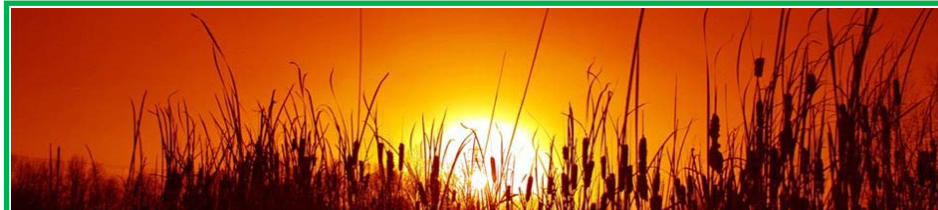
Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com



17TH SUNDAY IN ORDINARY TIME

26TH JULY 2026

Readings: A (II) Psalter: Week I



WORLD DAY FOR GRANDPARENTS AND THE ELDERLY, July 26th

"I will never forget you." (Isaiah 49:15)

"I will never forget you" (Isaiah 49:15) is the theme chosen by Pope Leo XIV for the Sixth World Day for Grandparents and the Elderly, which seeks to emphasise how God's love for every person is never lacking, even in the fragility of old age.

Taken from the book of the prophet Isaiah, the chosen verse is intended to be a message of consolation and hope for all grandparents and the elderly, especially those who live in solitude or who feel forgotten. At the same time, it is a reminder to families and church communities not to forget them, recognising in them a valuable presence and a blessing.

World Day for Grandparents and the Elderly, established by Pope Francis in 2021, is celebrated on the fourth Sunday of July, and offers an opportunity to bring the Church closer to the elderly and to acknowledge their contribution to families and communities. This year, the date coincides with the feast of Saints Joachim and Anne, the grandparents of Jesus.



FLEADH CHEOIL NA H'ÉIREANN. Is coming to Belfast from Sunday 2nd to Sunday 9th August 2026. The city will be welcoming many visitors to this event. For a full programme of events, visit fleadhcheoil.ie. As part of the festivities, Mass will be celebrated in Irish by Bishop Alan McGuckin, in St Patrick's church on Sunday 9th August at 11am. All welcome.

Jubilee Year of Saint Francis

"So we, seeing bread and wine with our eyes, firmly believe it to be his most holy Body and true and living Blood. And in this way our Lord is ever with his faithful." St. Francis



Like St. Francis, I will remember Christ is present with me in the Eucharist. I am not alone in any circumstance, because Christ is faithful to his promise. Loving Saviour, help me to receive the Eucharist with joy, with gratitude, and with reverence. Amen.



Summer Travel Prayer

Loving and merciful God, you have commissioned your angels to guide and protect us. Command them to be with us from our leaving until our return; keep us safe from all injury, accident or malice and sin. Through Jesus Christ, our Lord.

(www.xavier.edu/jesuit resource, author unknown)

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collections on Sunday 12th & 19th July came to £2,328.91 & £2,200.02 respectively, and the collection for Diocesan Pastoral Services on 19th July was £1,704.88, including £315 in standing orders. Thank you for your continued generosity and support. For information on standing order and contactless methods of donation, contact the parish office.

PARISH 100 CLUB. Week 11 winners: P Monaghan, K Toolan, Mrs Houston & Rosaleen McParland (Promoter). Congratulations to all the winners.

ADORER NEEDED. For Mondays 2pm—3pm. Please contact the parish office.

NEWINGTON DAY CENTRE CHURCH DOOR COLLECTION. The Management Committee and staff of Newington Day Centre are overwhelmed by the support of the parishioners, families and the community, at our Annual Church door collection which, to date, has raised an amazing £16,668. This shows the high regard for the work of the Centre, and how many depend on our services. This wonderful collection will help reduce the immediate pressure, while we work with the Belfast Trust and others, to continue to secure the future of the Centre. We thank everyone for their generosity, and ask for your prayers for our continued success. With grateful thanks, Margaret Mc Crudden, Manager.

SUMMER EVENTS IN ST PETER'S CATHEDRAL. Tours of the Cathedral, during Feile week. 3rd, 4th, 5th & 6th August at 3pm. £5 pp, payable at the entrance. And **Fuaimlaoi in Concert** on Thursday 6th August at 7pm. Blending ancient Irish tradition with powerful sacred music by renowned Irish liturgical composer Ronan McDonagh. £5.50 pp, booking at: <https://fleadhfringe.ticketsolve.com/ticketbooth/shows/1173683951>

LOUGH DERG THREE DAY PILGRIMAGE. Runs until 15th August. Booking at info@loughderg.org, or 00353719861518. www.loughderg.org.



ROUND TABLE. A conference for parents, carers and friends of people with disabilities. In Stranmillis College on Saturday 29th August, 9am—1pm. £30 early bird ticket price. www.roundtableconference.co.uk.



24 HOURS OF PRAYER FOR VOCATIONS TO THE DIOCESAN PRIESTHOOD. In St Colmcille's, Ballyhackamore on 3rd & 4th August. The vigil will begin with Mass at 7pm on Monday 3rd, and conclude with Mass at 7pm on Tuesday 4th August. Come for any part of the day or night, which includes Adoration & Confession. To sign up, or for more information, contact Fr Conor McGrath at c.mcgrath@downandconnor.org.



REST IN PEACE

Recently Deceased: Michael McHugh, Joe Topping, Patricia O'Callaghan (Camlough)
Anniversaries: Nuala McGrath, Niall Largey, Eileen Gibney, Paddy Lavery (1st), Joe Bradley (20th), Patrick Boden (50th), Johnny Boden, Patricia Mulholland, Winifred O'Callaghan, Frankie Burns, Patsy & Ken Cummings, Roisin McMullan, Seán Caughey, Eithne Caughey Patricia (Patsy) McAleenan, Owen A. Gallagher Una Gallagher, Kathleen Blackham, John and Bridget Tohill, Eddie Quinn, Mary Claire McCrudden (1st), Sarah Mullin, Lorcan Mullan

Eternal rest grant unto them, O Lord!

For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Sat 25 (6pm):	Eileen Gibney
Sun 26 (9am):	Patricia (Patsy) McAleenan
Sun 26 (10.30am):	For the People of the Parish
Sun 26 (12 Noon):	John Sullivan
Mon 27 :	Priest's Intention
Tue 28:	Paddy Lavery (1 st)
Wed 29:	Priest's Intention
Thu 30:	Priest's Intention
Fri 31:	Joe Bradley (20 th)
Sat 1 (10am):	Winifred McCaughey

