



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on the Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Mon 10: St Lawrence
Tue 11: St Clare
Wed 12: St Attracta of Killaraght
Thu 13: St Fachtna
Fri 14: St Maximilian Kolbe
Sat 15: The Assumption of the Blessed Virgin

St Attracta was born into a noble family in County Sligo in the fifth century. She desired to consecrate her life to God, so Attracta fled home and sought out St Patrick, from whom she received the veil as a consecrated virgin. In Killaraght, Attracta established a monastery, an oratory, and most notably a hospice for travellers, pilgrims, the poor, and the sick.



CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

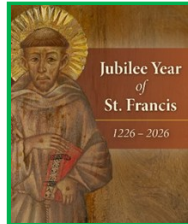
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

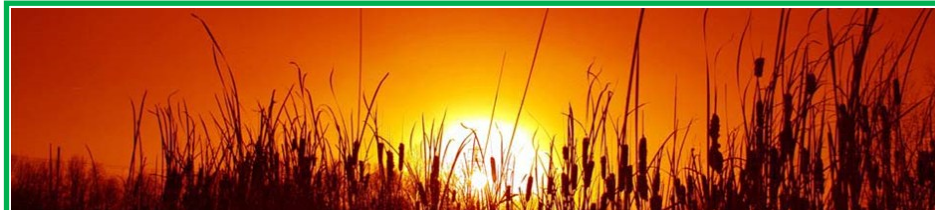
Website & Webcam: www.holy-familyparish.com



19TH SUNDAY IN ORDINARY TIME

9TH AUGUST 2026

Readings: A (II) Psalter: Week III



FLEADH CHEOIL NA hÉIREANN. As Belfast nears the end of Fleadh Cheoil na hÉireann, we bid a warm slán abhaile to the many visitors who have come to our city, and to our parish. As part of the final Fleadh celebrations, a special Mass will be celebrated in Irish in St. Patrick's church, Donegall Street TODAY Sunday 9th August, at 11am. Bishop Alan will be the main celebrant. All welcome.

Holy Family Parish

Day Trip to

Glenarm Castle Gardens and dinner in Ballycastle

Thursday 20th August 2026

Coach departing from the church gates, Limestone Road at 11am to Glenarm Castle Gardens. Travelling on to Ballycastle with free time and a meal with tea / coffee in the Marine Court Hotel, Ballycastle. Arriving back at 8.30pm.

Cost: £60

Cost includes coach travel, Gardens entrance fee and dinner in Marine Court Hotel.

Booking with payment [non-refundable] through the Parish Office before Thursday 13th August 2026



PRAYER: Breath of Summer

Creator God who breathed this world into being, who is discernible within the harmony of nature, the perfection of a butterfly's wing, the grandeur of a mountain range, the soaring eagle and humming bird, thank you for this world which you have created. Thank you for summer sun, which reminds us that your creative breath is still alive and active. Thank you for the warmth of your love, sustaining this world, your garden.

Jubilee Year of Saint Francis

"Consider, O people, in what great excellence the Lord God has placed you, for God created and formed you to the image of his beloved Son's body and to the likeness of his Spirit."

(St. Francis)

Father, help me to take delight in being formed in the image of Your beloved Son. May I always look for Christ in the face of each person I meet. Amen.



PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 2nd August came to £2,211.23, plus £1,990 in standing orders, and the monthly collection, for the support of the priests, was £3,168.15, plus £635 in standing orders. Online donations in July amounted to £483. Thank you for your continued generosity and support. For information on standing order and contactless methods of donation, please contact the parish office.

PARISH 100 CLUB. Week 13 winners: Pam Cullinan, Michael Murray, Anne Miskelly & Pauline Moreland (Promoter). Congratulations to all the winners.

LOUGH DERG THREE DAY PILGRIMAGE. Last pilgrimage runs 13th-15th August. Booking at info@loughderg.org, or 00353719861518. Visit www.loughderg.com, for details of events during August & September, incl. one day retreats, Heritage Day tours, and the Lakeshore Pilgrim Path Pilgrimage.



PRAYER FOR STUDENTS WHO WILL RECEIVE EXAM RESULTS IN THE COMING WEEKS.

Lord, remind me that You hold me safe, You understand me, and you cherish me. I lay down my fears before You. I leave them at the foot of the cross, for You have overcome the world. I choose to give You all my concerns, worries and fears of failure. I trust that Your loving hand will hold me through these exam results, and lead into a bright future. Amen.

EMBRACE THE GRACE. Young Adult Youth Conference on 29th August, 9.30am—6pm at Legion of Mary, De Montfort House, Dublin. E: deusetpatria@gmail.com.

CATHOLIC MOTHERS IRELAND FAMILY DAY. 6th Sept. at Termonbacca Retreat Centre, Derry City. Mass at 2pm, celebrated by Bishop Donal McKeown, followed by refreshments, children's activities, and a talk for parents. E: info@catholicmothers.ie.

24 HOURS OF ADORATION ON THE FEAST OF OUR LADY'S ASSUMPTION. In St Agnes' church, organised by the Legion of Mary. Adoration will begin after the 7pm Mass on Friday 14th August, ending before the 6.30pm vigil Mass on 15th August.



THE ASSUMPTION OF THE BLESSED VIRGIN MARY

Mass Times for Holy Day of Obligation

Fri. 14th August: 7pm (Vigil) St Thérèse
Sat. 15th August: 9.15am Holy Family
& 10am St Thérèse



REST IN PEACE

Recently Deceased: Maureen Bradley, Danny O'Connor, Mary Hanvey

Anniversaries: Christopher Whitson, Eileen Bell, Gerard Doherty, Harry Morgan (10th), Patrick Vallyely, Paddy Lavery (1st), Jim McAlea, Kevin Leonard, Ben Cullinan (5th), Thomas Devlin, Milagros C. Inal (1st), Brian Mulvenna

Eternal rest grant unto them, O Lord!

For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Sat 8 (6pm):
Sun 9 (9am):
Sun 9 (10.30am):
Sun 9 (12 Noon):
Mon 10 :
Tue 11:
Wed 12:
Thu 13:
Fri 14 (10am):
Fri 14 (7pm):
Sat 15 (9.15am):
Sat 15 (10am):

For the People of the Parish
Patrick Vallyely
Jim McAlea
Paddy Lavery (1st)
Kevin Leonard
Ben Cullinan (1st)
Priest's Intention
Thomas Devlin
Milagros C. Inal (1st)
Brian Mulvenna
Ita Goan
Oona & Roger Laverty

