



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on the Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Mon 17: Our Lady of Knock
Thu 20: St Bernard of Clairvaux
Fri 21: St Pope Pius X
Sat 22: Our Lady, Mother and Queen

"The measure of love is to love without measure"
St Bernard



CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

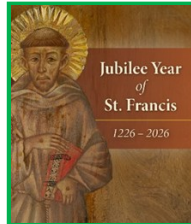
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773

Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org

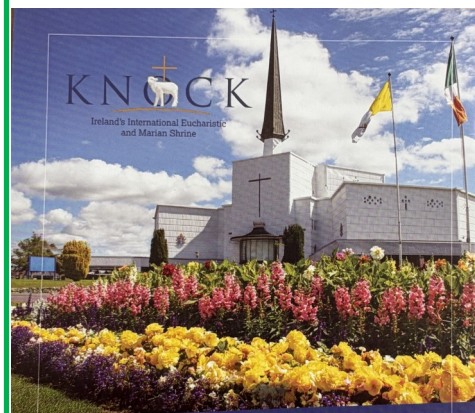
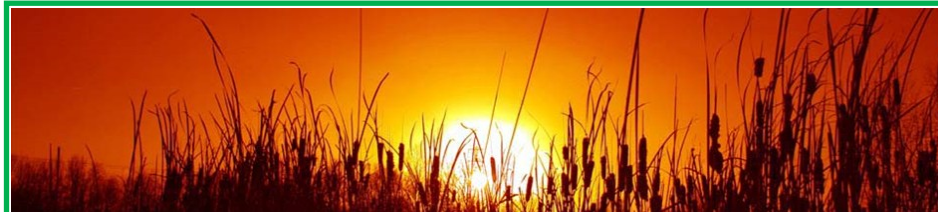
Website & Webcam: www.holy-familyparish.com



20TH SUNDAY IN ORDINARY TIME

16TH AUGUST 2026

Readings: A (II) Psalter: Week IV



THE NATIONAL NOVENA TO OUR LADY OF KNOCK. Takes place from 13th August to 21st August. A full programme of events is available at www.knockshrine.ie. For those wishing to pray the novena at home, you can join online for the 3pm & 8pm ceremonies. A prayer leaflet is also available in both churches.

Our Lady of Knock, Queen of Ireland, you gave hope to your people in a time of distress, and comforted them in sorrow. You have inspired countless pilgrims to pray with confidence to your divine Son, remembering his promise, "Ask and you shall receive, seek and you shall find".

CONGRATULATIONS to the young people of our parish, on your recent exam achievements. May the Holy Spirit guide you in your choices for the future.



PRAYER FOR STUDENTS WHO WILL RECEIVE EXAM RESULTS IN THE COMING WEEKS.

Lord, remind me that You hold me safe, You understand me, and you cherish me. I lay down my fears before You. I leave them at the foot of the cross, for You have overcome the world. I choose to give You all my concerns, worries and fears of failure. I trust that Your loving hand will hold me through these exam results, and lead into a bright future. Amen.

Jubilee Year of Saint Francis

"Blessed is the servant who loves those who are sick and useless, as much as those who are well, and can be of service. And blessed is the servant who loves those as well when they are far away, as when they are near, and who would speak as lovingly behind another's back, as before that person's face".

(St Francis)



A PRAYER RESOURCE

"30 DAYS WITH ST FRANCIS OF ASSISI. To mark this anniversary year, and to prepare for St Francis' Feast on 04th October, this booklet is available to buy from the parish office, price £3. Using the words of St Francis himself, it offers Scripture, short prayers and reflections.

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 9nd August came to £2,521.14. Thank you for your continued generosity and support. The second collection this Sunday will be taken up after Communion, for the Diocesan Cathedral Fund. This Diocesan Collection has been established to help defray the costs relating to the usage of the Cathedral, for Diocesan celebrations throughout the year, for the benefit of the whole Diocese. For information on standing order and contactless methods of donation, please contact the parish office.

PARISH 100 CLUB. Week 14 winners: Anne McConvey, Kevin Keenan, Martin Cromie & Bridie McCusker (Promoter). Congratulations to all the winners.

LOUGH DERG. Visit www.loughderg.com, for details of events during August & September, incl. one day retreats, Heritage Day tours, and the Lakeshore Pilgrim Path Pilgrimage.



EMBRACE THE GRACE. Young Adult Youth Conference on 29th August, 9.30am—6pm at Legion of Mary, De Montfort House, Dublin. Tickets at www.eventbrite.ie and for information, contact deusetpatria@gmail.com.

MATT TALBOT – URBAN MYSTIC. Newcastle Community Cinema, St Mary's Hall, Main St. on 4th September at 7pm. Matt Talbot's remarkable true story of faith, struggle, addiction and redemption. Guest speaker, Michael Murphy. Admission free, suggested donation of £3. All welcome.

ST JOSEPH MEN'S CAMINO. A 25km pilgrimage through the Boyne Valley on 12th September, beginning in Drogheda. The day includes Mass, Adoration, Rosary, Confessions, lunch & dinner, with after dinner speaker Fr. Mark Quinn. Open to men aged 18+. Cost: €65 (student €55). www.dominicans.ie/events or E:op.evangelisation@gmail.com.

SAFEGUARDING. Please note that, in the interests of safeguarding, it is important that children are accompanied at all times, when in our church buildings.

A SUMMER PRAYER

Long warm days...The pace of life slows...A time for picnics and rest in the shade... Lord, help me to rest awhile in the cooling shade of your presence. Slow down my restless heart, and fill me with gentle compassion for all your people.



REST IN PEACE

Recently Deceased: Danny O'Connor, Jim O'Connor, Kyle Johnston (Cargin)

Month's Mind: Michael McHugh, Sheelagh McKillop (USA)

Anniversaries: Patrick & Tess Cush, Milroy Brohier, Brendan O'Neill, Dan O'Neill, Pat Wills, Ita Goan, Oona & Roger Laverty, Mary Gribben, Margaret & Winnie McCann, Steven Kelly

Eternal rest grant unto them, O Lord!



For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Sat 15 (6pm):
Sun 16 (9am):
Sun 16 (10.30am):
Sun 16 (12 Noon):
Mon 17 :
Tue 18:
Wed 19:
Thu 20:
Fri 21:
Sat (10am):

Mary Gribben
For the People of the Parish
Margaret & Winnie McCann
Michael McHugh MM
Steven Kelly
Sheelagh McKillop MM
Priest's Intention
Priest's Intention
Priest's Intention
Mick McAleer & Bernice Shirazi (née Deery)

