



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick's, Holy Family and St Gerard's.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on the Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

Mon 31: St Aidan of Lindisfarne
Tue 1: World Day of Prayer for the Care of Creation
Thu 3: St Gregory the Great
Fri 4: St MacNissi, co-patron saint of Down and Connor
Sat 5: St Teresa of Calcutta (Mother Teresa)

"It was not enough for Jesus to die for us, Jesus wanted that we loved one another, that we see him in each other."

St Teresa's acceptance speech for her 1979 Nobel Peace Prize



CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

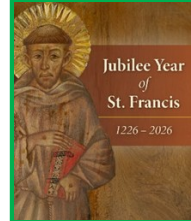
Parish Telephone (Office hours): 90743119

Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm

Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773
Society of St Vincent de Paul (Helpline): 028 90351561

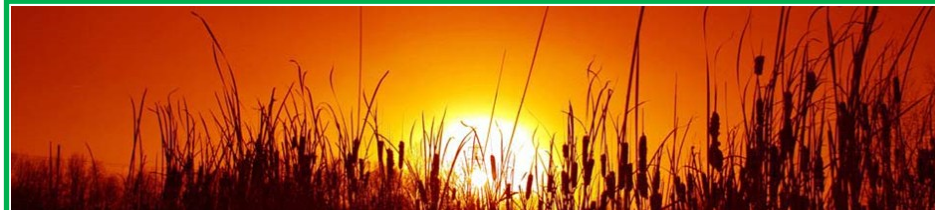
Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com



22ND SUNDAY IN ORDINARY TIME

30TH AUGUST 2026

Readings: A (II) Psalter: Week II



Prayer of Gratitude for the Blessings of Summer

Heavenly Father,

Thank You for walking with me through every day of this summer. Thank You for the sunshine, the peaceful mornings, the laughter of loved ones, and every blessing that often went unnoticed. Even during difficult moments, You never left my side. You gave me strength when I was tired, comfort when I felt worried, and hope when I needed encouragement.

As this season comes to an end, I choose to remember Your goodness, instead of my disappointments. Help me keep a thankful heart in every season of life. May I never forget that every good gift comes from You. Fill my heart with joy that lasts beyond the summer months, and help me continue sharing Your love with everyone I meet. In Jesus' name, Amen.



Living Water
Season of Creation 2026

Immersion in Living Water
EZEKIEL 47:9, 12

The Season of Creation is celebrated each year from **September 1 (the World Day of Prayer for Creation) to October 4 (the Feast of Saint Francis of Assisi)**. This season is celebrated in all Christian Churches around the world & it invites us all to renew our participation in our vocation as custodians of God's creation.

For 2026, the official theme is **"Living Water"**, which is inspired by the biblical vision found in the Book of Ezekiel (47:9, 12). The passage describes water flowing from God's sanctuary, bringing life and restoration to ecosystems and communities.

Faith leaders invite us to join this 2026 season of Creation -see the invitation at seasonofcreation.org

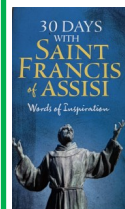
Events

Tue. 1st Sept: 9.15am Mass, marking World Day of Prayer for the Care of Creation.

Tue. 1st Sept: Opening Prayer Service with global faith leaders – hosted online.
See seasonofcreation.org

JUBILEE YEAR OF SAINT FRANCIS

Brother Sun. "Be praised, my Lord, through all your creatures, especially through my lord Brother Sun, who brings the day; and you give light through him. And he is beautiful and radiant in all his splendour!" (St Francis)



A Prayer Resource

30 DAYS WITH ST FRANCIS OF ASSISI. To mark this anniversary year, and to prepare for the feast day of St Francis' on 04th October, this booklet is available from the parish office, price £3. Using the words of St Francis himself, it offers Scripture and short prayers. This simple resource can help us to reflect on the wisdom of St Francis, for today.

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 23rd August came to £2,028.53 Thank you for your continued generosity and support. For information on standing order and contactless methods of donation, please contact the parish office.

PARISH 100 CLUB. Week 16 winners: Brenda Killough, Christine Treanor, Peggy Butcher & Fiontan Eastwood. Congratulations to all the winners.

CHILDREN'S LITURGY. Will resume next Sunday 06th September at 10.30am Mass.

RCIA (THE RITE OF CHRISTIAN INITIATION FOR ADULTS). RCIA exists to accompany adults wishing to be received into the Catholic Church. Programme starts 23rd September. To register, email rcia@downandconnor.org.

D&C VOCATIONS NEWSLETTER. Offers a glimpse into the encouraging vocations work across the Diocese. It can be viewed in the Latest News section of the parish website.

ROSARY VIGIL FOR LIFE. Outside Belfast City Hall TODAY Sunday 30th August at 2pm. Contact 02890278484 / 07592 280522 or email info@preciouslife.com.

PUBLIC MEETING ON BUILDING A PRO-LIFE IRELAND. In the Lansdowne Hotel on Thursday 10th September at 7.30pm. Featuring key speakers including Aontú Party Leader Peadar Kirby TD, and Bernadette Smyth of Precious Life.

NEWINGTON CREDIT UNION SEEKS VOLUNTEERS, for the Board of Directors & Supervisory Committee. No previous experience is required. Full training and support will be provided. Contact 028 9035 1040 or E: info@newingtoncreditunion.co.uk.

THE OLD PAROCHIAL HOUSE AT ST THÉRÈSE CHURCH

At Masses on the weekend of 28th June, parishioners were informed that a group called Dom Polski had expressed an interest in acquiring the old presbytery. This group is keen to establish a Polish Cultural Hub for their community in Belfast.

As a way to officially launch this project, a garden party has been organised by Dom Polski for TODAY Sunday 30th August 2026, 4pm—6pm, in the grounds of St Thérèse church. There is an open invitation to all parishioners and neighbours. Full details here.



REST IN PEACE

Recently Deceased: Mary Jamieson
Anniversaries: Ella Donaghy, Orlaith Graham O'Kane, Brendan & Geraldine Graham, Edward Comerton, Seamus Agnew, Eileen McGuinness, Dermot McGarry, Richard Amaefule, Ruairi Huddleston (1st), Anne & Peter O'Hare, Peter Kerr

Eternal rest grant unto them, O Lord!

For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

Sat 29 (6pm):	Seamus Agnew
Sun 30 (9am):	For the People of the Parish
Sun 30 (10.30am):	Eileen McGuinness
Sun 30 (12 Noon):	Dermot McGarry
Mon 31 :	Richard Amaefule
Tue 1:	Ruairi Huddleston (1 st)
Wed 2:	Anne & Peter O'Hare
Thu 3:	Peter Kerr
Fri 4:	Priest's Intention
Sat 5 (10am):	Joe Magee (1 st)

